

Housing With Services - Community Based Organizations

Embraces the concept of integrating
services and **COLLABORATION**



AAA Goals & Objectives through 2020:

1. System Planning – promote opportunities for improving access and coordination of services.
2. Advocate for policies that support senior services
3. Support services that promote healthy aging.

Some Examples:

- Housing with Services, LLC: Portland Oregon
- Mass. Housing and Shelter Alliance
- Mesilla Valley Community of Hope: Las Cruces, New Mexico
- Institute on Aging: San Francisco, CA
- Villages: 205 Nationwide – “Aging in Place” model
- Sweden

Housing With Services, LLC

Health and Housing partnership includes

- Cedars Sinai Park – (operates 4 Sec. 8 housing projects in Portland, plus SNF and Residential Care living options)
- CareOregon (Medicaid insurer)
- Home Forward (Portland Housing Authority)
- REACH Community Development (non profit developer/manager 2,100+ units of housing)
- Asian Health and Service Center (Culturally sensitive Health Clinic)
- Jewish Family and Child Services (linked to Cedars Sinai Park)
- Cascadia Behavioral Health (housing, mental health and addiction services for homeless)
- LifeWorks Northwest (mental health and addiction services)
- Outside In (services for homeless youth)
- Portland State University (program reporting and data gathering)

Housing With Services, LLC

Health and Housing partnership

- Founded in 2014 after ~ three years in planning. Made possible by provisions and funding of Affordable Care Act
- One Key element – health care navigators on site connect residents to existing health services. Also, on site clinic(s)
- Preliminary findings – When Medicaid-covered residents moved into one of 145 affordable housing properties, health care experiences included:
 - Primary care for residents increased by 20%
 - Emergency dept. visits decreased by 18%
 - Medical expenditures for these residents decreased by 12%

Housing With Services, LLC

Implications:

- Investing in housing with services drives down health care expenditures - Hospitals and health organizations should consider investing in affordable housing in their community assessments
- Federal Medicaid \$\$ could be used to develop affordable housing, service coordination
- Collaboration between housing and health care organizations makes sense

Mass. Housing and Shelter Alliance

- “For decades, Massachusetts reacted to homelessness with an emergency response. While shelter and emergency services have saved lives, they are not a long-term solution – and they are extremely expensive. A growing body of evidence has demonstrated that it is actually more cost effective to place a chronically homeless individual in supportive housing than to leave that individual on the streets or in shelter. Average Medicaid, shelter and incarceration costs drop significantly once the individual has a stable place to live and access to support services.”

HOUSING FIRST: HOME & HEALTHY FOR GOOD

SAVINGS
IS OVER
\$9,000
PER TENANT
EACH YEAR

MEDICAID
SHELTER &
INCARCERATION

HOME &
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FOR GOOD

MEDICAID
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Elders Living at Home Program/Aging Right in the Community, Boston MA

Collaboration between Boston Medical Center and Medical-Legal Partnership Boston – providing “Wraparound” supportive services

- Background – real estate boom of mid 80’s found rising rents and increased evictions among seniors evident to the Boston U. Med Center home medical staff.
- Intensive case management and nursing assessments to help elders “at imminent risk” of becoming homeless. Also: Home monitoring, medication management, crisis intervention.
- Help with: Arrears in rent, home safety issues (incl. hoarding), inappropriate behaviors – facing eviction
- Work with Boston Housing Authority for placements
- Referrals also to Meals on Wheels, Immigration assistance, home health aides, etc.
- Placed over 2,000 in permanent housing
- Recognized 2014 as “Best Practice” in homelessness prevention in MA

Community Action Committee of Cape Cod

- Employment and Training, Community Development, Child Care Resource and Referral, Childcare Voucher Management, Homelessness Prevention, Emergency Assistance, Benefits Intake, Referral and Advocacy, Transitional Housing, Advocacy, Asset Development, **Financial Literacy**, VITA (Volunteer Income Tax Assistance) Location, Abused Women and Children Shelter, Mental Health and Substance Abuse Counseling, Pilot House Shelter Program, Homeless Outreach Project, Cape United Elders, Nursing Home Advocacy, Leadership Council Facilitator, Continuum of Care, Un- and Underinsured Outreach, Project HOPE, and Immigrant Outreach.

Mesilla Valley Community Of Hope

Partnership of services for low income and homeless of Las Cruces (pop. ~100K) and Dona Ana County NM

Mesilla Valley Comm. Of Hope

“Campus” Partnership includes:

- Camp Hope
- El Caldito Soup Kitchen
- Casa de Peregrinos food bank
- Jardin de los Ninos child care/preschool provider
- St. Luke’s Health Care Clinic
- Community of Hope case management and day center for homeless – laundry services, showers, phone and mail

Off Site: twenty units of housing for veterans

Other partners:

- City of Las Cruces – encampment allowed by zoning
- Support of local churches, community at large
- New Mexico State University
- Engineers Without Borders

Institute on Aging, SF

Do not provide bricks and mortar housing - Includes participation In PACE (Program for All Inclusive Care for the Elderly) to prevent “institutionalization” of elders. Also:

- Large Bay area presence – 4 counties in SF Bay
- Monitoring of physical and mental health
- Discharge planning from hospital – prevent rehospitalization
- Social Day program
- 24 hour crisis line (Friendship Line) – suicide prevention
- Ongoing outreach calls – counter isolation
- In home and outpatient psychotherapy; grief counseling
- Mail management and financial services
- Transportation
- Home safety modifications
- Legal assistance
- Home meals

Villages

Concept began - 2001 in Boston, Beacon Hill Village. Grass roots, self governing, neighbors banding together to help one another live as long as possible in their own homes. Exec. Dir. typically hired to respond to members' requests for services, develop agreements with service providers, coordinate volunteers to help Village members with shopping and transportation, and organize social and educational events.

Monterey Bay Village

- Currently have 118 members drawn from peninsula cities (Monterey, Carmel, Carmel Valley, PG, Carmel Highlands)
- Fees: Ind \$360/yr, Couple \$480/yr
- MBV Director Kristine Ware screens volunteers and providers for use by MBV members
- Fee includes membership in Carmel Foundation
- 35 volunteers help with transportation, light chores for members
- 80 vetted providers available to members for their use (e.g., plumber, home health agency, landscaping, etc.)

Monterey Bay Village

Testimonial from Monterey Bay Village website

“We can have confidence and trust in the immediate assistance and recommendations we received from Monterey Bay Village. It means glorious joy in the freedom and security we experience with the care they provide for our home and garden as we grow older.” – Sue and Jack Wulfmeyer, Village members

Villages

Village to Village website: www.vtvnetwork.org

205 Villages Nationwide in 32 states.

Sweden

Sweden ranked first in treatment of elderly in a United Nations global study (2013).

Sweden is preparing for a future where one in four Swedes will be 65+. Life expectancy is among highest in world, 80 for men and 84 for women. Currently, 20% are 65+ (total pop., 9.8 million).

Only 4% of the costs for elderly care are financed by patient charges. Maximum charge by law for home care is equivalent of 1,772 kroner/mo or \$207/mo.

Sweden

- Financing for elder care primarily through municipal taxes and government grants.
- Swedish municipalities planning housing are required to ensure that they meet the needs older citizens, based on 1918 legislation.
- Chief aim is to help aged and disabled live normal lives, including living in their own homes as long as possible.
- Swedes have a choice of whether, when needed, to have home help or to move to specialized housing.

Sweden – Housing Types

SENIOR'S ACCOMMODATION:

A collective term for all dwellings not covered by sectoral legislation and intended for people over a certain age.

SHELTERED HOUSING:

A form of housing for older people who feel anxious, insecure and / or socially isolated. Residents will have access to a communal area, with the opportunity to eat together, access to staff as a shared resource, as well as security alarms.

ASSISTED LIVING FACILITIES:

Accommodation for elderly entitled to assistance under the Social Services Act. The accommodation offers services, personal care and home health care around the clock.

Sweden

- Currently allocates about 3.6% of its gross domestic product for long term care.
- USA (as of 2006) allocates less than 1% of its gross domestic product for long term care

“The world as we have created it is a process of our thinking. It cannot be changed without changing our thinking.”

-- Albert Einstein

The bottom right corner of the slide features a decorative graphic consisting of several horizontal, wavy lines in shades of blue, green, and white, creating a sense of movement and depth.

Need for Action

MHSA is at the forefront of the movement to transform the response to homelessness in Massachusetts. But we can't do it without you. We rely on the support of MHSA member agencies, policymakers, foundations, corporations, and individual donors to make our vision – a society where everyone has a place to call home – a reality. Will you join us?

No matter what the question, or
what the problem, someone
somewhere has a solution.



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