



COUNTY OF MONTEREY CAO Weekly Report

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SPECIALREPORT



Employees at the Government Center spread their mats in the lobby for a post-work yoga class.

Employee Program Brings the Work Out to Work

County Notes

- > The Office of Emergency Services is co-hosting an informative Tsunami Walk in Seaside March 22nd. Details [here](#).

The work day is over but not everyone has left the office. Several county building are now sites for after-hours employee exercise programs.

Four days a week, from 5:30 – 6:30 p.m. you can find employees in lobbies or meeting rooms striking yoga poses, doing tai chi routines or sweating it out to dance-based workouts.

The Employee Wellness Program launched a free fitness class series in late February and the program is getting a great response.

Tuesday		One Stop Center SJW1 Room 730 La Guardia Street, Salinas
Wednesday		Government Center Lobby 168 W. Alisal Street, Salinas
Wednesday		Natividad Medical Center SEA Room 1441 Constitution Blvd., Salinas
Thursday		Health Department Lobby 1270 Natividad Road, Salinas

“Our activities and programs are for employees and are largely guided by their feedback and we had a lot of requests for weekly group exercise classes, including yoga, tai chi and CIZE,” says Melissa Pouch, Employee Wellness Program Coordinator. “These classes are a great way to empower staff, get them moving and, most importantly, to have fun!”

The classes have generated a large interest, more than 140 people have registered for these exercise classes which can be found at the Government Center, One Stop Center, Health Department and Natividad Medical Center.

The classes will be offered through June 30th so there is still time to get involved. Due to limited space, registration is strongly suggested but walk-ins are welcome as long as space allows. To find out more about the workout series, contact the Health Promotion Partnership, you can register for fitness classes in the Learning Development Network.

The Employee Wellness Program provides resources and opportunities that support staff in achieving their health goals.

Surplus Sale Benefits Business Community

When the County has a surplus sale, it’s always a case of ‘trash to treasure:’ unwanted or no longer needed county items being repurposed by area businesses and residents at a good price.

County surplus items are managed by the Contracts and Purchasing Division of the County Administrative Office and unused items are now stored at Schilling Place. The most recent surplus sale was held this past Wednesday, March 16th.

Surplus Manager DeAundra Lewelling says about 80 people came out for the sale thanks in part to the decision to extend sale hours from 9 a.m. to 2 p.m. instead of the usual 9 a.m. to Noon, which gave buyers more flexibility to come and browse.

"Our shoppers were a mix of county employees who heard about the sale, the general public and people with local businesses looking to furnish their offices at discount prices," says Lewelling.

Bookshelves, vertical and lateral file cabinets and combination cabinets with shelves and drawers were very popular and most were sold. Also a big seller – chairs. Lewelling says more than 200 chairs were also sold, which helps lower the surplus inventory of 500 chairs!

The sale netted about \$1,000, but Lewelling says more transactions may yet be made. Business owners were scouting for cubicle-type workstation the day of the sale and needed to take measurements before purchasing.

Budget Division Earns Excellence Award

Kudos to the Budget and Analysis Division of the County Administrative Office for again receiving a national award for budget presentation. For this award, it takes more than just balancing the numbers to win.

The people behind the County's budget preparation have earned the Government Finance Officers Association of the United States and Canada (GFOA) Distinguished Budget Presentation Award for the sixth consecutive year, for its budget presentation for the 2015-16 budget year.

To receive it, staff had to meet nationally recognized guidelines for effective budget presentations which assess how well the county's budget serves as a:

- Policy document
- Financial plan
- Operations guide
- Communications device

Budget documents must be rated "proficient" in all four categories listed, as well as meet 14 mandatory criteria within those categories.

"This award is the highest form of recognition in governmental budgeting and it represents a significant achievement by our team," says Dewayne Woods, Assistant County Administrative Officer. "Because the award is given by a government finance organization, those who submit entries also



The GFOA award certificate will be featured in the upcoming budget book.

receive comments and suggestions from reviewers, which helps us as we look to continue to improve our budget preparation and presentation."

Congratulations to the budget team!