



# COUNTY OF MONTEREY CAO Weekly Report

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## SPECIALREPORT



*Tony Sanchez, Child Support Officer, mans an information booth at El Dia del Trabajador in Greenfield. The event draws many Oaxacans, who are a focus for CSS outreach.*

## County Notes

- > The Health Department is tracking the expanding national flour recall, which now includes more products subject to recall. Get the latest information [here](#).

## Child Support Success Includes Indigenous Outreach

**When Child Support Services was recently honored for increasing the amount of child support it collected for children to more than \$41 million in 2015, part of that increase came from a special effort made into a unique Monterey County community.**

By focusing on early intervention techniques and outreach to non-English speaking customers, including partnering with Centro Binacional Para El Desarrollo Indigena Oaxaqueno, the Binational Center for the Development of Oaxacan Indigenous Communities or CBDIO for short, the Department was able to dramatically increase collections on behalf of children.

Centro Binacional Para El Desarrollo Indigena Oaxaqueno is a non-profit organization which was created to help indigenous peoples who immigrate to the United States from the Mexican state of Oaxaca. These immigrants come with unique languages and culture and have difficulty understanding US laws and navigating for information and services.

The City of Greenfield has had a massive influx of these migrants. Triquis, Mixtecs and other indigenous people arrived to help plant and pick crops, spurring the town's growth and now make up about a third of its population. Oaxacans keep their own traditions, such as arranged marriages, and speak their own indigenous languages not related to English or Spanish which makes communication with others difficult.

CSS office partnered with the local office of CBDIO, which was able to provide much needed assistance in outreach and translation services. CSS staff attended a CBDIO community event and fundraiser at a local parish hall, then followed up by bringing child support handbooks and brochures in English and Spanish to the organization offices, which are a central hub for residents. The next step was personal contact. With translation help from CBDIO, CSS staff set up a resource table at "The Day of the Worker (El Dia del Trabajador)," an annual resource fair in Greenfield which draws many indigenous workers.

While efforts so far have had positive results and a positive response from the community, staff wants to do more. CSS staff is researching their next step, which is working with the Indigenous Interpreting Service through the Natividad Medical Foundation to provide the Child Support information through videos in two dialects, Mixtec and Triqui.



## NMC Diabetes Education Center Celebrates Accreditation Renewal

**A program within Natividad Medical Center has earned accreditation for a fifth year in a row, and it couldn't have come at a more important moment.**

The hospital's Diabetes Education Center, which provides critical diabetes education services to residents in and around Monterey County, has seen a 32% increase in the number of patients seen over the last year.

American Association of Diabetes Educators (AADE) has reaccredited the Center's Medicare-certified, self-management education program.



*Dr. Dana Kent.*

“AADE reaccreditation affirms that Natividad’s Diabetes Education Center continues to meet rigorous national standards of quality in our diabetes education program,” said Dana Kent, M.D., Medical Director of Health Promotion and Education. “We have a comprehensive program taught by some of the best diabetes educators, and we’re honored to continue to provide that service to our community.”

The Center serves over 600 unique patients each year.

At the center, diabetes education is a collaborative process through which people with or at risk for diabetes gain the knowledge and skills needed to modify behavior and successfully self-manage the disease and its related conditions.

The Diabetes Education Center offers outpatient services to children and adults with diabetes Type 1, Type 2, gestational diabetes and pre-diabetes. Outpatient services include individual counseling and education, group counseling and education, community presentations and outreach. Patients completing the program in the last reporting year have seen a 14.4% improvement in Hemoglobin A1C, which is the ‘gold standard’ for diabetes control.

The Diabetes Education Center, located at 1441 Constitution Boulevard in Salinas, offers diabetes education classes and individual sessions. Services are available in English, Spanish and other languages, including indigenous Mexican languages, available through Natividad’s interpretation program.

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## Health Department Shares Tips to Battle the Bugs of Summer

**Don’t let bugs ruin your summertime fun. The ‘bugs of summer,’ mosquitoes in particular, can be annoying but also present some health risks.**

We’ve all had the unpleasant experience of being bitten by a mosquito – that awful itching and swelling that’s a reaction to mosquito saliva.

A mosquito bite can be serious since there are some diseases transmitted by these bugs such as West Nile virus, which has been detected in Monterey County in the past, as well as Dengue Fever and Malaria although the number of cases of those two diseases in the United States is quite low. There has been a lot in the news about the Zika virus and mosquitoes and it's important to note that Monterey County **does not** have the type of mosquito that carries Zika. However, if you have travel plans this summer, see the information box at right on where to find current health precautions and travel recommendations.

If you are planning to travel this summer, be sure to visit the [CDC's Travelers' Health website](#) to see what kind of precautions you need to take.

To avoid that bug bite, here are some tips from the Health Department:

- Use insect repellents when you go outdoors. Repellents containing DEET, picaridin, IR3535, and some oil of lemon eucalyptus and para-menthane-diol products provide longer-lasting protection. Use according to the label instructions.
- When weather permits, wear long sleeves, long pants, and socks when outdoors. Mosquitoes may bite through thin clothing, so spraying clothes with repellent containing permethrin or another EPA-registered repellent will give extra protection. Don't apply repellents containing permethrin directly to skin. Do not spray repellent on the skin under your clothing.



*California is home to 53 species of mosquitoes.*

- Take extra care during peak mosquito biting hours which are from dusk to dawn. Take extra care to use repellent and protective clothing or consider avoiding outdoor activities during these times.
- Install or repair screens on windows and doors to keep mosquitoes outside.
- Help reduce the number of mosquitoes around your home by emptying standing water from flowerpots, gutters, buckets, pool covers, pet water dishes, discarded tires and birdbaths on a regular basis.