



Vision: All Central Coast residents practice healthy eating and physical activity in communities that value, support and promote these life-long behaviors.
Mission: The Nutrition and Fitness Collaborative of the Central Coast works collectively to promote and advocate for policies and environmental changes that foster healthy lifestyle behaviors, with an emphasis on nutrition and physical activity, to prevent the rising trend of obesity and related chronic disease in Monterey, San Benito and Santa Cruz counties, especially for low income populations.

NFCCC Agenda

June 13, 2019

9:30 a.m. to Noon

Food Bank for Monterey County

353 W. Rossi St, Salinas

TIME	ACTIVITY
9:30	WELCOME & INTRODUCTIONS <i>Ofelia Prieto & Sara Houseman, Co-Chairs</i>
9:40	PRESCRIPTION PRODUCE This presentation will review how to use food as medicine to reduce food insecurity and build stronger bonds with patients and providers to improve health. <i>Sara Houseman, RD, SVMH</i>
10:10	THE DIABETES INITIATIVE Learn about the Diabetes Collaborative and programs they are offering to the community. <i>Dan Navarro, Diabetes Collaborative Coordinator, Community Health Innovations</i>
10:40	BREAK
10:50	CCAH- HEALTHY EATING ACTIVE LIVING FUNDING Learn about a nutrition funding program opportunity <i>Jessica Finney, Grant Program Manager, Central Coast Alliance for Health</i>
11:10	NFCCC SURVEY RESULTS Share the results of the survey and identify key initiatives <i>Niaomi Hrepich</i>
11:30	NETWORKING, RESOURCES, LEGISLATIVE UPDATES, UPCOMING EVENTS, TRAININGS
12:00	MEETING WRAP UP AND ADJOURN