Chronic Disease & Injury Prevention

2019 YEAR IN REVIEW

**Chronic Disease & Injury Prevention**
- Passed a smoke-free multi-unit housing ordinance in the city of Pacific Grove.
- Passed a tobacco retail license ordinance in the city of Pacific Grove and Gonzales.
- Facilitated dental screenings for 778 children at 2 elementary schools.
- Implemented cannabis prevention program for youth and pregnant and breastfeeding women.
- Violent assaults of youth have declined by 50% from 2007 to 2018, in Salinas.

**Outreach & Education**
- Employee Wellness partnered with Wal-Mart to provide the annual flu clinic and offered additional vaccines to employees.
- Distributed 75 car seats.
- STRYVE implemented Safe Dates with over 2,400 students, in all Salinas high schools.
- Joined efforts with TAMC to expanded Safe Routes to School programming countywide.
- Participated in National Walk to School Day reaching more than 580 students at 6 schools.

**Women, Infants & Children**
- Co-located with Seaside Family Health Center to continue offering services on the Peninsula.
- Increased appointments at King City Career Center CalWORKs Employment Services.
- Breastfeeding Peer Counselors were highlighted by CDPH WIC in the annual newsletter for their service to the community.
- Hosted a regional kick off for WIC WISE, the State’s new eWIC Management Information System.
- Served 17,000 WIC participants.

**CalFresh Healthy Living Program**
- Provided nutrition education to over 8,500 students at 15 elementary schools.
- Partnered with a local physician and Champion Provider to find local solutions to obesity and related chronic diseases.
- Partnered with Department of Social Services to provide nutrition education and physical activity workshops to seniors at various sites including senior centers.

**What’s next in 2020?**

We continue to explore grant opportunities to enhance our work in these program areas and additional program areas potentially include lead paint abatement and diabetes, hypertension and heart disease prevention and control. To continue adding to the life expectancy of people in Monterey County, collaborative partnerships will continue to be fostered.

For more information please contact: health@co.monterey.ca.us