PREVENT THE SPREAD OF DISEASE ~ WASH YOUR HANDS
Lavarse las manos, previene enfermedades

1. WET
2. SOAP
3. WASH FOR 20 SECONDS
4. RINSE
5. DRY
6. TURN OFF WATER WITH PAPER TOWEL

Adapted with permission from Washington State Dept. of Health

ENVIRONMENTAL HEALTH BUREAU
MONTEREY COUNTY HEALTH DEPARTMENT

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