

Monterey County EMS System Policy



Policy Number: 4506
Effective Date: 1/1/2015
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PAIN MANAGEMENT

I. PURPOSE

To provide guidance and standardization regarding prehospital management of pain using BLS and ALS measures.

II. POLICY

- A. Attempt to manage the pain through measures such as placing a cold pack, psychological coaching, splinting, or other methods as indicated by patient condition prior to and concurrent with the use of narcotic analgesics.
- B. The respiratory status of the patient is to be monitored closely when narcotics are administered.
- C. Document the patient's level of pain before and after pain management efforts. This documentation should record how the pain assessment was evaluated. The method of evaluation must be consistent each time the pain is evaluated. Patient response, if any, is to be recorded.
- D. Follow the appropriate protocol for specific conditions.

END OF POLICY