

Monterey County EMS System Policy



Protocol Number: C-3
Effective Date: 7/1/2019
Review Date: 6/30/2022

CHEST PAIN SUSPECTED CARDIAC ORIGIN

(Acute Coronary Syndrome)

BLS CARE

Routine Medical Care

Aspirin 324mg PO. This must be chewable aspirin and not enteric coated.

Nitroglycerin 0.4mg SL. May assist the patient with taking their own NTG if the patient desires and the patient's systolic BP is above 110 mmHg. May repeat every 5 minutes to total of 3 doses if the patient's systolic BP is above 110 mmHg. Do not allow the patient to self-administer if they have used erectile dysfunction medications within the prior 48 hours.

ALS CARE

Routine Medical Care.

NOTES:

Do not administer Nitroglycerin in the following circumstances:

- Patient has used erectile dysfunction medications (e.g., Viagra, Cialis) within the previous 48 hours.
- Administer nitrates with extreme caution, if at all, to patients with inferior wall MI and suspected right ventricular involvement because these patients require adequate RV preload.

Do not delay transport if technical difficulties impede ECG transmission. Attempt to send en-route whenever possible.

Patients who have SpO₂ of >94% without signs or symptoms of hypoxia or impending respiratory failure should not receive oxygen.

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