

Monterey County EMS System Policy



Protocol Number: N-4
Effective Date: January 1, 2015
Review Date: June 30, 2018

SUSPECTED HYPOGLYCEMIA

BLS CARE

Routine Medical Care.

Glucose Paste 30GM or other oral glucose containing solution PO if patient is known diabetic and the patient is able to self-administer.

ALS CARE

Routine Medical Care.

Assess Blood Glucose level.

Dextrose up to 25gm, IV if Blood Glucose level below 70. May repeat Dextrose up to 25gm IV if patient is not fully alert and oriented and blood sugar remains below 70. May repeat only one time prior to base contact.

Glucagon 1mg IM if unable to establish IV or IO access and Blood Glucose level is below 70.

Consider IO access if unable to establish IV access and there is no improvement in the patient's level of consciousness 5 minutes after administration of glucagon and the patient's blood sugar level remains below 70.