

Monterey County EMS System Policy



Protocol Number: EP-3
Effective Date: 7/1/2019
Review Date: 6/30/2022

HEAT EMERGENCIES - PEDIATRIC

BLS CARE

Routine Medical Care.

Rapid cooling is indicated for patients with symptoms indicative of heat stroke. Cooling measures should include removing patient clothing/coverings. Evaporative cooling by wetting the patient's skin and using fanning to move air around the patient is most effective. Cold packs to the axilla and groin may also assist with cooling.

Do not stimulate shivering.

Cooling measures as indicated for patients with symptoms indicative of heat exhaustion. These patients are most likely to be active, healthy individuals in need of hydration due to increased exertion and fluid loss from perspiration.

For symptoms of febrile seizure cool the patient using the methods above for heat stroke. Do not use cold packs. Do not stimulate shivering.

ALS CARE

Routine Medical Care.

Continue cooling measures.