

# Monterey County EMS System Policy



Protocol Number: MP-1  
Effective Date: July 1, 2012  
Review Date: June 30, 2016

## NAUSEA AND VOMITING MANAGEMENT

### BLS CARE

Routine medical care.

Pay particular attention to maintaining a patent airway and protecting the patient from aspiration.

Consider underlying causes for nausea/vomiting and treat as appropriate.

Attempt to reduce nausea/vomiting through non-invasive means such as reducing environmental stimulation, providing fresh air, providing oxygen, reducing unpleasant odors, and using distracting techniques.

### ALS CARE

Routine medical care.

*Age 2-8:*

**Ondansetron 0.1mg/kg rounded to 2 or 4mg IV/IO/IM/ODT** for severe nausea, or vomiting. **Maximum single dose is 4mg.** May repeat once in 10 minutes as needed to control persistent or recurring nausea and vomiting. Maximum total dose is 8mg.

### NOTE:

The oral route is the preferred route of administration.

Use care in handling Ondansetron ODT. Moisture on hands or gloves may cause the tablet to dissolve prior to administration to the patient.

Administer slowly by IV.