

# Monterey County EMS System Policy



Protocol Number: RP-2  
Effective Date: 7/1/2018  
Review Date: 6/30/2021

## RESPIRATORY DISTRESS - PEDIATRIC

### **BLS CARE**

Routine Medical Care.

### **ALS CARE**

Routine Medical Care.

Capnography

**Albuterol 2.5mg and Atrovent 0.5mg in 5.5cc by nebulizer** for signs and symptoms of bronchospasm. May repeat as needed with base hospital contact.

**Epinephrine 1:1,000 0.01mg/kg IM** for severe distress with signs and symptoms of bronchospasm with at least one of the following: ALOC, severe fatigue, inability to speak, or the O2 sat remains lower than 90%. Maximum dose is 0.3mg.

Consider nebulized normal saline for symptoms of croup.