INFANT MENTAL HEALTH: laying the foundation for healthy communities

Monterey County Behavioral Health
Child and Adolescent Services
*Infant & Family Treatment Program*
“Childhood trauma, including abuse and neglect, is probably the single most important public health challenge in the United States, a challenge that has the potential to be largely resolved by appropriate prevention and intervention.”

Van der Kolk (2017)

**Adverse Childhood Experiences**
ACEs are a significant risk factor for life long problems.

Between 9.5% to 14% of children age birth to five experience social and emotional problems.

**The Brain – Body – Emotion Connection**
Infant Mental Health Matters

For the...
- Brain
- Body
- Behavior
Monterey County Behavioral Health Collaborates with Community Partners

- Department of Social Services
- CCAH/Beacon
- First 5 of Monterey County
- Monterey County Public Health Nursing
- Maternal Mental Health Task Force
- Monterey County WIC

- Go Kids
- Monterey County Office of Education
- Door To Hope MCSTART
- Kinship
- Public Health Clinics
Monterey County Children Age 0-5 Service Data

Clients Served
- FY 15-16: 718 clients
- FY 16-17: 787 clients
- FY 17-18 to date: 703 clients

% Clients served by Region
- Coastal Region: 20%
- North County Region: 15%
- Other: 14%
- Salinas Valley Region: 4%
- South County Region: 4%

% Clients served by Ethnicity
- Hispanic/Latino: 63%
- White: 13%
- Other: 18%
- African American: 5%
BH Infant & Family Treatment Program Services

Staff
- Psychologists
- Therapists
- Mental Health Social Worker

Spanish & English Services

Therapy Services

Specialized Neurodevelopmental Psychological Evaluation

Child Psychiatry Services

MSW Intern Program

Evidence Based Treatment

IFECMH trained and endorsed
Questions?

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