Prevention and Early Intervention (PEI) Resources and Supports

The following programs are supported in part by Monterey County Behavioral Health, Mental Health Services Act (MHSA) Prevention and Early Intervention funds. For more information about these or other PEI funded programs, please contact Dana Edgull at edgulldr@co.monterey.ca.us or (831) 796-6110.

Community Presentations and Outreach:
Monterey County Behavioral Health provides presentations on mental health and how to access services and attends community events to share resources and information. To request a presentation, please email 415-Presentations@co.monterey.ca.us or call Dana Edgull at 831-796-6110.

Open Access Resource Centers:
The Epicenter is a youth led resource center providing resources and supports to Monterey County youth including Our Gente, a program that addresses needs of LGBTQ+ youth and provides community training. Location: 20 Maple St., Salinas, 93901. Phone (831) 998-7291 https://epicentermonterey.org/

OMNI is a consumer run wellness center building hope, personal empowerment and social connections. Location: 339 Pajaro St., Salinas, 93901. Phone (831) 754-3838 https://www.interiminc.org/

Family Support:
Monterey County Behavioral Health provides free family support groups open to all community members and are offered in every MCBH Regional Clinic: King City, Soledad, Salinas, Marina. Flyers with specific information are available on our website. http://www.mtyhd.org/BH

NAMI Monterey County provides Family to Family and Familia-a-Familia classes, Peer to Peer and Persona-a-Persona, Provider Education and support groups. Location: 1020 Merrill St #1015, Salinas, 93901. Phone (831) 422-6264 https://namimonterey.org/

Parenting Classes:
Community Human Services provides counseling and other programs in Monterey County. PEI funds free parenting classes for Monterey County residents. Current schedule of classes can be found at https://chservices.org under Mental Health.

School Based Supports:
Harmony at Home provides bullying prevention programs and other supportive programs for teens and families throughout Monterey County. PEI supports school-based counseling for children who have been exposed to domestic violence and trauma. Phone (831) 272-6644 & (831) 625-5160 https://harmony-at-home.org

Pajaro Valley Prevention and Student Assistance (PVPSA) provides youth prevention programs, restorative justice, education and training. PEI funds school-based counseling for students in Pajaro. Phone (831) 728-5808 http://www.pvpsa.org/
**Culturally Specific Services:**
The Village Project provides counseling and supportive services to help our communities reach a greater state of well-being by strengthening families through the delivery of community based culturally specific services. Location: 1069 Broadway, Seaside, 93955. Phone (831) 392-1500 [http://villageprojectinc.org/](http://villageprojectinc.org/)

Center for Community Advocacy provides education, orientation and legal supports to farm workers and other low-income working families. PEI funds Promotores to provide information on Mental Health and help link community members in need to Behavioral Health. Phone (831) 753-2324 [http://cca-viva.org/](http://cca-viva.org/)

Central Coast Citizenship Project (CCCP) PEI funds CCCP to provide presentations on Mental Health and how to access services and link Spanish speaking community members in need to Behavioral Health. PEI also funds a therapist to provide culturally appropriate therapy. [http://www.citizenshipproject.org/](http://www.citizenshipproject.org/)

**Supports for Seniors:**
Alliance on Aging provides Medicare Counseling and other crucial supports for seniors. PEI funds the Senior Peer Counseling Program and Fortaleciendo el Bienestar, to meet the needs of Spanish speaking seniors. Location: 247 Main St., Salinas 93901. Phone (831) 758-4011 [http://allianceonaging.org](http://allianceonaging.org)

The Seniors Council provides programming for seniors including Senior Companions who are volunteers offering friendly visitor and peer support to help seniors continue to live independently in their homes. Phone (831) 462-1433 [http://www.seniorscouncil.org/](http://www.seniorscouncil.org/)

**Suicide Prevention:**
Suicide Prevention Services of the Central Coast supports a 24/7 toll-free suicide crisis line, a support group for those who have lost someone to suicide and community presentations on suicide prevention. Suicide Crisis Line: 1-877-663-5433 (ONE LIFE) [https://fsa-cc.org/suicide-prevention-service/](https://fsa-cc.org/suicide-prevention-service/)

**Additional PEI Programs:**
Success Over Stigma (SOS) is a community advocacy and educational outreach program designed to combat stigma in the community. SOS speakers share their successful stories of recovery in community presentations. Contact the SOS Coordinator at (831) 800-7530

Chinatown Learning Center serves residents of Salinas, especially individuals who are homeless and marginalized, by providing an enriching environment where folks can learn, reconnect and heal. Location: 22 Soledad St., Salinas 93901. Ph (831) 770-1700 [http://chinatownclc.wixsite.com/chinatown](http://chinatownclc.wixsite.com/chinatown)

2-1-1 is an easy-to-use source of information that connects folks with the services they need. To access 2-1-1: dial 2-1-1, text your zip code to 989-211 or visit [http://www.unitedwaymcca.org/2-1-1-search](http://www.unitedwaymcca.org/2-1-1-search)

Prevention & Recovery Early Psychosis (PREP) provides assessment and comprehensive treatment for individuals who are in early stages of a psychotic disorder. Phone (831) 424-5033 [http://feltonearlypsychosis.org/prep-salinasmonterey](http://feltonearlypsychosis.org/prep-salinasmonterey)

Veterans Transition Center provides supports to veterans, including: housing assistance, employment supports, case management and other services to address barriers to independent living. Location: 220 12th St., Martinez Hall, Marina 93933. Phone (831) 883-VETS