

Crisis Intervention

Training Academy (CIT)

1441 Constitution Boulevard,
Salinas, CA 93906—(831)755-4083

For emergencies call **911** and request an officer who is Crisis Intervention Trained (CIT Trained) to handle psychiatric emergencies.

Program Description: The CIT concept is to provide officers with a more in-depth understanding of the different types of mental illness and behavioral manifestations related to those illnesses. During this training, officers will receive information they can use to more effectively interact with mentally ill persons in crisis, as well as other situations.

Critical Incident Stress

Management Team (CISM)

(831) 755-4111—Ask for a Crisis Worker

Program Description: The team consists of specially trained Behavioral Health staff and others who are available to individuals, first responders, organizations and employers in the community to facilitate debriefings following a critical or traumatic incident. Traumatic incidents can include learning about the sudden death of a co-worker, or witnessing a tragic event, etc. The CISM team provides crisis intervention, assists people to work through the initial stages of grief and provides self care tips and resources.

www.MHSAMontereyCounty.org

1-888-258-6029

Salinas Regional Office

1441 Constitution Blv.
Bldg. 400, Suite 202,
Salinas, CA 93906
831-796-1700

Monterey Regional Office

1200 Aguajito Rd
Suite 103
Monterey, CA 93940
831-647-7652

South County Regional Office

200 Broadway Street,
Suite 88
King City, CA 93930
831-386-6868

Monterey
County
Health
Department
Behavioral
Health
Bureau



Adult System of Care Services

Salinas Valley Region

Coastal Region

King City Region

Monterey
County
Health
Department
Behavioral
Health
Bureau



Overview

Monterey County Health Department, Behavioral Health Bureau, through the Adult System of Care Services, provides mental health services to adults 18 years and above, such as: medication support, case management, brokerage, psycho-education and groups, including family support groups to individuals with persistent and chronic mental illness. The program collaborates with contract providers who provide supportive housing, linkage to employment and education services. Bilingual (English/Spanish) assistance is available in all three regional offices. Some specialty Mental Health Services will require full scope MediCal.

Access & Integrated Services

(see addresses and phone numbers in back panel for the three regional offices)

Program Description: This program provides services by referral such as mental health assessments, mental health groups, medication consultation and brief case management/linkage for adults 18+. Consumers are welcome to call independently for services. Bilingual assistance is available in all the three regional offices. All Regions offer “Walk-in Wednesday” from 1-3:30 PM for a general intake with social work staff.

Behavioral Health Crisis

Negotiation Team (BHCNT)

(831) 755-4111—Ask for a Crisis Worker

Program Description: This program provides supportive services to Law Enforcement. When requested, a licensed clinician, member of the BHCNT, will respond to a crisis negotiation situation to offer clinical insight on crisis situations, mental illness and supportive suggestions on intervening with the individuals experiencing crisis. This can include, but is not limited to, suicidal subjects, barricaded individuals, hostage situations and domestic violence incidents.

Forensic Team

1441 Constitution Boulevard, Bldg. 400, Suite 202,
Salinas, CA 93906—831-796-1700

Program Description: The Forensic Team provides intensive case management services to mentally ill offenders with serious mental illnesses. Clients may be dually diagnosed so long as their substance abuse disorder is secondary. Participation in the Creating New Choices Program (CNC) gives clients an opportunity to receive mental health treatment and therapeutic probation services that promote productive behavior and personal responsibility.

Hospital Based Emergency and Crisis Services

1441 Constitution Boulevard,
Salinas, CA 93906—831-755-4111

Program Description: The crisis team completes 5150 evaluations/assessments for people who are a danger to themselves, others and/or gravely disabled out of the emergency room. A Crisis Worker also provides crisis intervention to those who call the crisis line, assesses patient's psychiatric/psychosocial needs, determines need for psychiatric hospitalization and refers patients to clinically appropriate program or community agency.

McHome

220 12th Street Marina,
CA 93933—831-883-3030

Program Description: The McHome program serves the seriously mentally ill adults with/without substance use disorders that are experiencing homelessness or at risk of homelessness. This is a Full Service Partnership program providing intense case management, referrals to housing, recovery services and 24-hour on-call supportive services, and payeeship services.

Mental Health Unit

1441 Constitution Boulevard, Bldg. 940
Salinas, CA 93906—831-755-6367

Program Description: The Mental Health Unit (MHU) at Natividad Medical Center is the only locked psychiatric facility in Monterey County. Persons 18 and older are hospitalized involuntarily under Welfare and Institutions Codes 5150. The 22 bed facility provides individual, group and family services with a focus on medication stabilization and linkages to community resources for continuing treatment.

Older Adult Intensive Team/ Full Service Partnership

1200 Aguajito Road, Monterey,
CA 93940—831-647-7652

Program Description: This program serves Older Adult, 60 years or older who have a serious mental illness and are at risk of losing their community placement because of a co-existing illness; they are at risk of institutionalization and could benefit from intensive case management and mental health services. The services are intended to maximize their participation and enhance their quality of life in the greater community.

Older Adult Program Full Ser- vice Partnership Program

1200 Aguajito Road, Suite #103,
Monterey, CA 93940—831-647-7652

Program Description: This program services Older Adults 60 years and above who have a serious and persistent mental illness with a co-occurring disorder. Services are provided by Drake House, a 24 hours facility, in collaboration with Front Street Inc. Eligible clients to this program have a history of multiple utilizations of unplanned emergency services thus needing intensive services.

Path To Wellness

1200 Aguajito Road, Suite #103,
Monterey, CA 93940—831-647-7652

Program Description: This program serves to do outreach, engagement, assessment, case management and treatment to adults with severe and persistent mental illness and substance abuse disorders, who are currently homeless or at high risk of becoming homeless. The purpose is to assist clients in transition from homelessness. This program includes outreach and engagement to Veterans. Eligible clients are not required