

ACCESS PROGRAM

This program provides services by referral such as mental health assessments, mental health groups, medication consultation and brief case management/linkage children and adults Bilingual assistance is available in all offices. Consumers are welcome to call independently for services. In Salinas: 831-796-1700 . In Monterey: 831-647-765. In King City: 831-386-6868.

FAMILY ASSESMENT AND SUPPORT TEAM

Eydie Aragon, MFT — (831) 796-6103
Marni Sandoval, Psy.D. — (831) 796.1512

The FAST Teams provide individual and family mental health assessments, treatment and case management services to children and their families who are involved in the Monterey County Dependency Court and Child Welfare system due to severe abuse and neglect. This includes children who may be adopted, not being reunited with their families and therefore placed in long-term foster care, and children and their families who are working towards safely reuniting after children have been removed from home and have been living in foster or relative care.

The FAST Team utilizes a systems perspective in working with families, typically with a team of therapists providing therapy to the whole family.

The FAST programs also include family preservation services through the Home Partners model and mental health support to the Cherish Center and Monterey's Child Advocacy Center.

www.MHSAMontereyCounty.org

1-888-258-6029

Children's Behavioral Health

Locations

In Salinas:

- 951 B Blanco Circle Salinas CA
(831) 784-2150
- 1441 Constitution Blvd. Bldg. 400, Salinas, CA
(831) 755-4425
- 1000 S. Main St., Ste. 2010B Salinas CA
(831) 796-1500

In Monterey:

Seaside Health Department

- 1150 Fremont Blvd. Seaside, CA
(831) 784-2150

In North County:

Castroville Child and Family Resource Center

- 10601 McDougall St., Castroville, CA
(831) 633-5975

In South County:

Behavioral Health

- 200 Broadway, Suite 88, King City, CA
(831) 386-6868

Monterey
County
Health
Department
Behavioral
Health
Bureau



Guiding
Principles
for System
of Care
Transformation in
Monterey
County:

Family &
Consumer
Driven

Accessible &
Timely
Services

Wellness &
Recovery

Culturally &
Linguistically
Competent

Strength &
Resiliency

Integrated &
Coordinated
services

Monterey
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Children's Behavioral Health System of Care Services

Who is part of Monterey County's Children's System of Care?

Children and youth impacted by emotional and behavioral health challenges and their families, as well as any organization serving their needs is part of Monterey County System of Care. In Monterey County this includes Children's Behavioral Health (CBH), Department of Social and Employment Services (DSES), Probation Department/Juvenile Justice, Monterey County Office of Education (MCOE), community-based Agencies and many more.

Who can receive services from CBH?

Children and youth experiencing emotional and behavioral challenges as well as their families, who live in Monterey County and have Medi-Cal insurance. Some services are also available for uninsured or privately insured families. Referrals to other community resources are provided to all children, youth and families. For assistance or questions regarding available services within Adult or Children's System of Care or in the community please call 1-888-258-6029.

What services are provided by CBH?

Services provided include:

- Mental health assessment;
- Mental health consultation;
- Medication evaluation and support;
- Individual, group and family therapy;
- Case management;
- Crisis intervention;
- Prevention and early intervention.

THERAPEUTIC BEHAVIORAL SERVICES

Mandy Briseño, MFT (831) 784-2152

Therapeutic Behavioral Services (TBS) provides a time-limited one-to-one behavioral intervention for full-scope MediCal beneficiaries under age 21. The behaviors addressed are those that pose extreme risk to the children themselves and/or their primary care givers (group homes, foster homes, parents, etc.) and have put them at risk for a higher level of care (group home, psychiatric hospitalization, etc).

A behavioral specialist is assigned to do a functional analysis and treatment plan to target high-risk, out of control behaviors such as hitting, head-banging, or property destruction. TBS is not a “stand alone service”. Therefore, children or youth being considered for TBS are receiving other mental health services may that include a psychiatrist, a therapist, a case manager, a day treatment program, or a mental health clinic.

SUPPORTIVE THERAPEUTIC OPTIONS PROGRAM

Mandy Briseño, MFT (831) 784-2152

Supportive Therapeutic Options Program (STOP) provides case management for youth placed in treatment facilities outside of Monterey County. Services include: monitoring mental health services, collaborating with partner agencies, providing family support, and developing transition plans. The referrals for STOP come directly from Monterey County Juvenile Probation and Monterey County Department of Social and Employment Services. The STOP team also provides outpatient services to Post hospital/crisis clients, coordinates TBS services, supervises case aides, monitors out of county educational residential placements, and provides Officer of the Day coverage.

JUVENILE JUSTICE

Theresa Innis-Scimone, MFT (831) 755-5521

The Juvenile Justice Outpatient Team screens and delivers services to adjudicated youth, at risk of re-offending behavior. In collaboration with Monterey County Probation Department, Monterey County Behavioral Health provides Mental Health services to minors and their families. Referrals for most programs come directly from the probation department.

The Silver Star Resource Center (831) 796-1641 is open to any child or youth between ages 10 and 21 who is not on probation, but at risk of getting in trouble with the law. Self-referrals are welcome. Once a referral is received, an assessment will be conducted and the family will be referred to appropriate services.

EARLY INTERVENTION TEAM (AGES 0-5)

Jackie Frey LCSW (831) 784-2192

The Early Intervention team provides early childhood mental health services for children ages 0-5 who are at risk of or show early warning signs of emotional; mental or behavioral challenges. A team of bilingual psychologists and therapists work out of family resource centers, regional behavioral health clinics, MCSTART, and Head Start classes to provide developmental assessments and treatment that increases parent-child

interaction and reduces parental stress and the child’s problem behaviors. These services are provided to MediCal eligible children partly funded by grants from First 5 Monterey County.

Secure Families—(831) 784-2192

Monterey County Screening Team for Assessment, Referral and Treatment —(831) 755-8155

EDUCATION RELATED MENTAL HEALTH SERVICES

W. Robert Brunson, LMFT, (831) 784-2167

The Education Related Mental Health Services Team *only* serves special education children who have been referred by their school district. The student must have an IEP and have an emotional or behavioral problem that is interfering with their educational progress. The services provided by this team include an initial assessment and recommendations for direct services.

The services may include:

Individual Counseling, Family Counseling, Group Counseling, Classroom Observation, School/Teacher Consultation, Social Skills Training, Anger Management, Escalation Cycle Management Plans, Behavioral Intervention Plans, and Therapeutic Intervention Program, which is a program for

students provided in a specialized classroom. If your child has an emotional or behavioral problem that is effecting their education and they are a special education student with an IEP, please contact your child’s special education provider.

TRANSITION AGE YOUTH TEAM – AVANZA PROGRAM

Brian Lippincott, Ph.D. (831) 784-5662

Avanza is a voluntary program for youth ages 16-25 and is based on the philosophy that services should be: *Youth-guided, Strength-based, Individualized, Community-based and Culturally competent.*

We collaborate with other services providers, the youth and their family to provide services and supports to help the youth move forward in their life domains:

Education, Employment, Living Situation, Personal/Community Engagement.

Youth receive:

- Psychiatric assessment,
- Case management,
- Individual/group/family therapy based upon their mental health needs;
- Youth also can participate in skills groups, outings and recognition events.