

Twelve Step Programs

Alcoholics Anonymous

Monterey Bay (831) 373-3713
Salinas Valley (831) 424-9874

Alanon/Alateen

English (831) 373-2532
Spanish (831) 424-6207

Narcotics Anonymous

Salinas (831) 758-1630
Monterey (831) 624-2055

Celebrate Recovery

(831)-422-7811

Substance Use Disorder Prevention/ Intervention Services

Sun Street Centers

Salinas (831) 753-5150
Community Recovery and Resource Seaside (831) 393-9316
Soledad (831) 385-0100

D.A.I.S.Y (for youth)

(831) 233-9029

Outpatient Drug Treatment/ Residential Programs

Sun Street Centers

(831) 753-6001
Men's Residential Program (Salinas) (831) 753-5145
Pueblo Del Mar (Marina) (831) 582-9461

Community Human Services

Genesis House (Seaside) (831) 899-2436
Elm House (Seaside) (831) 920-1078
Off-Main Clinic (Salinas) (831) 424-4828

Bridge Restoration Ministry (Faith Based)

Pacific Grove (831) 372-2033

Beacon House (Pacific Grove)

(831) 372-2334

Valley Health Associates

Salinas, Monterey, Greenfield (831) 424-6655

Door to Hope

Treatment for Women (831) 422-6226
Door to Hope (Salinas) (831) 758-0181
Santa Lucia Group Home (831) 758-0181
(831) 771-8555

Information Hotline

United Way Info Line (24/7) 2-1-1

Clothing Resources

The Salvation Army Thrift Store

Salinas (831) 424-0889

Goodwill Industries

Monterey (831) 649-6056
Soledad (831) 237-6987
Salinas (831) 755-8668
Marina (831) 233-7767

Victory Mission (Salinas)

(831) 424-5688

Society of St. Vincent de Paul Thrift Store

Pacific Grove (831) 649-6056

One Stop Career Centers

Seaside

(831) 899-8250

Salinas

(831) 755-4452

King City

(831) 386-6801

Behavioral Health/Counseling

Monterey County Behavioral Health (888) 258-6029

Beacon Health Options

Medi-Cal Beneficiaries (855) 765-9700

Community Human Services

(831) 658-3811

The Village Project (Sea side)

(831) 392-1500

Interim, Inc. MCHOME

(831) 883-3030
Serves individuals with mental health needs
who are homeless



**MONTEREY COUNTY
BEHAVIORAL HEALTH**

Avanzando Juntos Forward Together



Monterey County Community Resource Guide

Revised: 8/6//2018

Monterey County Behavioral Health

Access and After Hours (888) 258-6029

NAMI

(831) 422-6264

Crisis Lines

For immediate emergencies, dial:

9-1-1

Suicide Prevention Services of the Central Coast

Toll-Free Crisis Line (877)663-5433

YWCA Domestic Violence Crisis Line

Crisis (800) 992-2151
Monterey (831) 372-6300
Salinas (831) 757-1001

Child Abuse Reporting Hotline

24 hours (800) 606-6618
Local (831) 755-4661

Adult Protective Services Hotline

Monterey (831) 883-7565

Runaway and Homeless Youth Helpline

Local (831) 241-0914

Trevor Lifeline

Hotline LGBTQ youth (866) 488-7386

LGBT National Help Center

National Hotline (888) 843-4564
National Youth Talk line (800) 246-7743

Maternal Mental Health Warmline

Local (831) 783-5933

Military One-Source

(800) 342-9647

Legal Assistance Programs/Organizations

U.S. Citizenship and Immigration Services	(800) 375-5283
Catholic Charities	(831) 393-3110
Central Coast Citizenship Project	(831) 422-4626
California Rural Legal Assistance	(831) 757-5221
Legal Services for Seniors	
Seaside	(831) 899-0492
Salinas	(831) 442-7700
Monterey County Lawyer Referral Service (Seaside)	(831) 582-3600
Watsonville Law Center	(831) 722-2845

Food Distribution Programs

Food Bank for Monterey County	(831) 758-1523
First United Methodist Church (Salinas)	(831) 424-0855
Community Food Pantry (King City) 26 Basset St; Every Friday 10-11am	
Salvation Army (Salinas)	(831) 443-9655
Good Samaritan Center (Sand City)	(831) 899-4988
San Carlos Cathedral-Loaves and Fishes	(831) 373-2628
Pass the Word Ministry, Inc. Hot meal served Saturday 9-10 El Paso Park (Monterey)	
Dorothy's Place (Salinas) Dorothy's Kitchen (8:30 hot breakfast, 1:00 hot lunch)	(831) 757-3838
Victory Mission (Salinas)	(831) 424-5688

Child Care or Preschool

Mexican American Opportunity Foundation Main Office	(831) 424-6939
Monterey County Office of Education Head Start	(831) 755-0350
Early Development Services, Inc. Alisal Campus Early Education Center (Salinas) Avondale Early Education Center (Seaside)	(831) 755-6774 (831) 899-4757

Shelter/Housing Resources

Housing Authority of Monterey County	(831) 755-5000
Housing Resource Center	(831) 424-9186
CHISPA	(831) 757-6251
Dept. of Social Services (CalWORKs clients)	(866) 323-1953
Shelter Outreach Plus Emergency Women's Shelter (Salinas) Emergency Women's Shelter (Seaside)	(831) 384-3388 (831) 422-2201 (831) 394-8372
Salvation Army-Monterey Peninsula	(831) 899-1071
Interfaith Homeless Emergency Lodging Program Outreach Unlimited (Marina)	(831) 251-8663
Community Human Services (Monterey) Safe Place Safe Passage (Transitional Housing)	(831) 373-4421 (831) 717-4126
Pass the World Ministry, Inc. One Starfish Safe Parking	(831) 275-5167
Pajaro Rescue Mission (Watsonville)	(831) 724-9576
Victory Mission (Salinas)	(831) 424-5688
Veterans Transition Center	(831) 883-8387
Peacock Acres/ Path Plus of Monterey County Salinas	(831) 754-3635
Dorothy's Place (Salinas) Walk-In Center, Women Alive!, Transitional Housing	(831) 757-3838

Children, Youth, and Family Programs

Girls Inc. of the Central Coast	(831) 772-0882
Teen Pregnancy Prevention Program	(831) 755-4649
Rancho Cielo Youth Camps	(831) 444-3533
First 5 Monterey County	(831) 444-8549
YWCA	(831) 422-8602

Health Services

Clinica de Salud del Valle de Salinas	(831) 757-1365
Monterey County Health Department Alisal Health Center (Salinas) aurel Family Practice Clinic (Salinas) Laurel Internal Medicine Clinic (Salinas) Laurel Pediatrics Clinic (Salinas) Laurel Women's Health Clinic (Salinas) Health Clinic at Marina (Marina) Seaside Family Health Center (Seaside)	(831) 769-8800 (831) 755-4123 (831) 769-8640 (831) 755-4124 (831) 769-8660 (831) 384-1445 (831) 899-8100
Bienestar Health Clinic (All Regions)	(831) 755-4123
Mee Memorial Hospital Medical Clinics General Clinic (King City)	(831) 385-5471
Planned Parenthood-MarMonte Salinas Seaside	(877) 855-7526 (831) 758-8261 (831) 394-1691
Casa de Cultura (Watsonville)	(831) 763-0702
Salud Para la Gente (Seaside)	(831) 394-6642
RotaCare Clinic (Seaside)	(831) 333-6495
Dr. Mohandas Free Clinic (Monterey)	(831) 642-6266
Salinas Valley Memorial Hospital Salinas	(831) 757-4333
Community Hospital of the Monterey Peninsula Monterey	(831) 624-5311
George L Mee Memorial Hospital King City	(831) 385-6000

Dental Services

Denti-Cal English/Spanish	(800) 322-6384 www.denti-cal.ca.gov
Central Coast Pediatric Dental Group	(831) 443-5801
Community Oral Health Services-Salud Para la Gente Seaside/Greenfield	(831) 728-0222