Reaching Recovery

A Transformational Change Effort for Adult System of Care
Presentation to Behavioral Health Commission
Michael Lisman, Deputy Director ASOC
May 30th, 2019
Why Reaching Recovery?

- Right Sizing Services
- Focus on Client Growth, Wellness, Recovery and Ownership of Life Goals
- Measure Growth and Successful Outcomes
Mental Health Recovery

- Self-Direction
- Strength-based
- Individualized and Person-Centered
- Empowerment and Self-Responsibility
- Holistic, Hopeful and Respectful
- Peer Support
- Non-Linear
Measuring Recovery Outcomes

The Reaching Recovery outcome tools help measure changes that occur within a person's treatment over time and are completed by the individual being served and the clinician.

These tools help staff and the individual understand and respond to the status of an individual's recovery, and the trends of the person's recovery through time.
### What are the Outcome Tools?

**RNL - Recovery Needs Level** (Completed by Clinician)
- Recommends most appropriate level of care
- Ensures treatment plan matches level of service

**RMI - Recovery Marker Inventory** (Completed by Clinician)
- Clinician's rating of a person on 8 objective factors associated with recovery.
  1. Employment
  2. Education
  3. Active/Growth
  4. Symptom Management
  5. Participation in Services
  6. Housing
  7. Substance Use
  8. Substance Stage of Change.

**CRM –Consumer Recovery Measures** (Completed by Client)
- 1. Hope
- 2. Symptom Management
- 3. Personal Sense of Safety
- 4. Active Growth Orientation
- 5. Satisfaction with Social Networks
Five Levels of Care Established

- Level 1 - High Intensity Treatment - Assertive Community Treatment
- Level 2 – Intensive Case Management
- Level 3 - Enhanced Outpatient
- Level 4 – Outpatient Services
- Level 5 - Psychiatry Only
Initial Outcomes to Report

Levels of Recovery Supports – Increased by 41%; sustained supports – 24%.

Levels of Active Growth Orientation - Improved by 26%; sustained by 55%

Levels of Learning/Education - Improved by 24%; sustained by - 54%.

Symptom Management - Improved by 22%; sustained their level - 60%.

Levels of Employment - Improved employment 20%; sustained employment 61%.

Homelessness - decrease of 9%; Improved housing status 11%; sustained housing status - 77%.

Substance Use - decrease by 2%. Decrease in quarterly detox days 1.4%.