

# QUALITY IMPROVEMENT



MONTEREY COUNTY  
BEHAVIORAL HEALTH

Avanzando Juntos Forward Together

JUNE 2019

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- ◇ Consumer Perception Survey – Thank you!!
- ◇ Community Benefits
- ◇ Triple P (Positive Parenting Program)
- ◇ Faces of Hope & Healing project

## CONSUMER PERCEPTION SURVEYS - THANK YOU!!!



Thank you all for your participation in the bi-yearly surveys. This information is useful in helping us understand the consumer's opinion about the mental health services they receive from Monterey County Health Plan.

## COMMUNITY BENEFITS

The Community Benefits Branch provides temporary public assistance benefits and services to assist eligible residents of Monterey County meet their basic needs.

### Beginning June 1, 2019 SSI recipients may be eligible for CalFresh Food benefits

#### What is CalFresh Food?

CalFresh Food helps people with low-income buy the nutritious food they need for good health. Recipients can buy food at any grocery store or farmers market that accepts EBT.

#### How do I know if I am eligible?

- Click, Call, or Come in to your local county office
- Complete an application on-line or in person
- Complete an interview by phone or in person
- Provide proof of income and expenses, if needed.



**There is NO changes or reductions to SSI/SSP amounts.**

Click here to view the flyer: [http://mcdss.co.monterey.ca.us/benefits/download/CalFresh\\_SSI\\_w\\_logos.pdf](http://mcdss.co.monterey.ca.us/benefits/download/CalFresh_SSI_w_logos.pdf)



Click [GetCalFresh.org](http://GetCalFresh.org)  
or [C4Yourself.com](http://C4Yourself.com)  
to apply online



Call 1-866-323-1953  
to request an application



Come in/find an office  
at [CalFreshFood.org](http://CalFreshFood.org)

Application Assistors  
in the community:





### TRIPLE P - POSITIVE PARENTING PROGRAM



The Parenting Education Program, or P.E.P., helps ensure that the children of Monterey County are raised with love and limits. It works to prevent behavioral and emotional problems in children by enhancing the knowledge, skills and confidence of parents. P.E.P is a program of Community Human Services, in collaboration with Partners for Peace, Family and Children's Services and Behavioral Health.

[Click here to view the Positive Parenting Program for parents of children 0 -12 years Summer 2019 - Class Schedule](#) or visit the Resource section of the QI website: <http://qi.mtyhd.org/index.php/resources/>

#### Contact information:

Kelsey Hansen, Program Supervisor  
Family Service Center  
433 Salinas St.  
Salinas, 93901  
Office: 831- 757-7915



**community  
human services**  
hope. help. here.

**Las clases de crianza para padres de niños mayores llamen a Partners 4 Peace @ 831-754-3888**



### MENTAL HEALTH MONTH & FACES OF HOPE & HEALING PROJECT

Monterey County celebrates Mental Health Awareness month! Every year we take time to highlight the importance of breaking down stigma, educate our community on mental health and shine a light on people who are living in recovery and working towards healing in our community.

We would like to thank all the local people that shared their stories to inspire others and to let you know that you are not alone. We invite you to read their stories.

References: <https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/mental-health-awareness-month>

## 2019 TRAININGS AT A GLANCE

TRAINING	DATE	TIME	LOCATION
<b>June</b>			
Cultural Competence—Cultural Complexities in Engagement, Assessment & Diagnosis	17th	9:00a-4:30p	Marina Training Center
CPI Non-Violent Crisis Intervention Training - Foundation Course	19th	8:30a-4:30p	Marina Training Center
Mental Health Progress Note Writing	25th	8:00a-12:00p	Marina Training Center
Involuntary Holds (previously known as 5150—Legal Requirements)	26th	9:00a-12:00p	Whitney Conference Rooms

<b>July</b>			
Involuntary Holds (previously known as 5150—Legal Requirements)	24th	9:00a-12:00p	Whitney Conference Rooms

To Register for any of the trainings, including AVATAR training, [click here](#)

For instructions on how to register [click here](#)

### MYAVATAR TRAINING

**June 21, 2019**  
9:00 am to 4:30 pm

**July 19, 2019**  
9:00 am to 4:30 pm

**LOCATION:**

Whitney Conference Rooms  
1270 Natividad Road  
Salinas, CA 93906

CONTACT US IN  
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