



**The Revised, “Lean”  
Psychosocial  
Assessment is here!**

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### Alcohol Awareness Month

Alcohol Awareness Month is a concerted effort to spread the word about strategies for preventing alcohol misuse or abuse and encourage communities, families, and individuals to get involved.

[Click here](#) to read more info about how Alcohol Awareness Month can make a difference on the US HHS healthfinder.gov website.

### Psychosocial Revision Pilot Program

[Click here](#) to sign up to participate in the pilot program!

MCBH QI is launching a pilot program to test a proposed revision to the Avatar Psychosocial Assessment form. This is the "lean" version of the Psychosocial Assessment that Dr. Soskin, MCBH Medical Director, talked about and has created some buzz with

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staff! This pilot program is an exciting opportunity to help shape one of the fundamental clinical documents utilized by MCBH and its contractors.

The lean Psychosocial Assessment consists of approximately ten (10) narrative questions. See the screenshot below for the actual format of the lean Psychosocial Assessment as it will appear in Avatar:

The screenshot displays the Avatar software interface for the 'Lean Psychosocial' assessment. The interface features a dark blue header with a 'Chart' icon and the title 'Lean Psychosocial'. On the left side, there is a sidebar with a 'Lean Psychosocial' tab, a 'Submit' button, and several icons for navigation and actions. The main content area is divided into six horizontal sections, each with a title, a lightbulb icon, and a vertical scrollbar on the right. The sections are: 'Identifying data and chief complaint', 'History of presenting illness/Changes in functioning', 'Mental Health History (which includes previous treatment)', 'Substance Abuse History', 'Medical history and Current medications', and 'Social and Cultural History'. Each section is currently empty, indicating it is a form for data entry.

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This pilot program is open to:

1. All providers whose scope of practice includes completion of the Psychosocial Assessment; AND
2. All providers who complete their Psychosocial Assessments in Avatar.

Some additional information about this pilot:

- Each of the questions must be completed in sufficient clinical depth to establish medical necessity, including establishing diagnosis and designing an appropriate treatment plan.
- Psychosocial Assessments completed as part of this program will be reviewed by MCBH QI.

[Click here](#) to sign up to participate in the pilot program!

## Updated Documentation Guide

MCBH QI has posted the newest version of the MCBH Documentation Guide on the MCBH QI Website. There are numerous additions and revisions in this newer version of the Documentation Guide so please update any printed versions you may have with this newest version!

[Click here](#) for the updated MCBH QI Documentation Guide.



## Law and Ethics Trainings 2015

MCBH QI will be offering the following Law and Ethics Trainings for 2015:

Date	Time	Location	Additional Info
05/01/2015	1am-5pm	Marina Training Center	For non-license eligible and administrative staff
05/15/2015	9am – 4pm	Hartnell College	For licensed/license-eligible staff

[Click here](#) to go to the MCBH QI website training calendar to enroll.

**Resource: Transition of “Meds Only” Clients from ASOC to Bienestar**



MCBH Adult System of Care (ASOC) – Bienestar Transition Program provides a pathway for those MCBH ASOC clients who have stabilized to the point where they no longer require psychiatric services but could benefit from regular primary care and medication

management to transition into the Bienestar Integrated Clinics. Primary care and medication management will be provided by Bienestar, with consultation as needed between the Bienestar primary care provider and MCBH psychiatrists.

MCBH ASOC clients need to meet the following criteria prior to referral to the Bienestar Transition Program:

- The client has achieved a significant response or remission on a stable medication regimen for at least 1 year
- The client has no active suicidal ideation (plan, intent, means), and has been assessed as low risk for acute safety concerns
- The client has demonstrated reliable communication skills with providers
- The client has no history of psychiatric hospitalizations within the past 24 months

[Click here](#) for a printable PDF guide on how to refer eligible ASOC clients to Bienestar.

[Click here](#) for additional information about the Bienestar program.

**Policy Update: 129 – Medical Records Confidentiality**

During its April 23<sup>rd</sup> meeting, the MCBH Quality Improvement Committee (QIC) reviewed and approved an updated version of MCBH Policy 129 – Medical Records Confidentiality. The primary changes to the policy were:

- 1) The addition of documentation timeline standards for residential and day treatment programs.
- 2) Defining the use of the “restricted disclosure” designation for certain clinical progress notes.

Designating a clinical progress note as “restricted disclosure” alerts MCBH QI staff to review the document and, if necessary, consult with the individual provider and/or their supervisor/manager prior to releasing the note as part of a client record request. Final determination of whether or not client access to clinical progress notes will be denied will be done by a licensed clinical staff from MCBH QI based on relevant Federal, State, and local laws and regulations in effect at the time of the review.

[Click here](#) to view the full version of the updated Policy 129.

## Resource: SAM's Guide Spring 2015

**SAM's GUIDE**  
to  
Monterey County  
Family Resources

The Spring 2015 version of the SAM's Guide is available in a downloadable and printable PDF format on the QI website (located in the [Resources](#) section of the site)

[Click here](#) to open the 2015 Spring SAM's Guide

## Reminder: Change in Licensure Status

Please enter an "Error Report" to update your licensure status whenever there are any changes. MCBH QI staff will usually utilize your licensing board of jurisdiction's online verification system to validate the change. However, MCBH QI follow-up with you if we need any additional documentation regarding the licensure status change.

There is a significant exception to changing licensure status of providers. Even if a provider becomes licensed, license-eligible, or waived, MCBH QI will not change their licensure status in Avatar if they continue to have a job title whose job responsibilities do not allow them to practice as a licensed, licensed-eligible, or waived provider.

## 2015 QI Trainings

The 2015 MCBH QI trainings are now open for enrollment on the MCBH QI Website!

[Click here](#) to access a list of the 2015 MCBH QI Trainings.

[Click here](#) to go to the MCBH QI website training calendar to enroll for any of the trainings.

## MCBH QI Contact Information

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