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Mental Health Awareness Month

May is Mental Health Awareness Month! Mental Health Awareness Month was initially promoted in 1949 by the Mental Health America organization and now it is celebrated by many other similar organizations. One of the main purposes of Mental Health Awareness Month is to reduce the stigma around these issues so let's continue doing our part of providing the best services for those we have the honor to serve!

Monterey County Behavioral Health Quality Improvement Newsletter

Kudos: Happy Retirement to Lesley Wilson!

Dr. Lesley Wilson, Clinical Psychologist at MCSTART, will be retiring from the County at the end of May.

Dr. Wilson has served at MCSTART (Monterey Screening Team for Assessment, Referral, and Treatment) since the start of the program in March 2003. Her role as psychologist was to do neuro-

developmental assessments on children ages 0-5 who had a history of prenatal exposure to alcohol and/or drugs, domestic violence exposure in early development, or severe trauma and neglect cases. Dr. Wilson helped many children get the early intervention services they needed by writing detailed, full psychological evaluations with recommendations that assisted schools, therapists, and other intervention professionals throughout the county for many years.



She received her Ph.D. in Clinical Psychology in 1995 and started being employed by Monterey County Behavioral Health after a specialized training at Utah State Hospital in neuropsychology from 1999-2000. She had volunteered her clinical expertise on the inpatient unit at Natividad Medical Center from 1998-99. Lesley's sense of humor, British wit, and encyclopedic knowledge will be missed by all of us who work with her daily, but she leaves a legacy as a top-notch clinician, a wise mentor to many psychologists she helped train, and a solid and dependable team member on the MCSTART team.

- Jackie Frey LCSW , MCSTART Supervisor

Trainings: Clinical Documentation and Clinical Practice Trainings

Dr. Soskin, MCBH Medical Director, will be facilitating a series of trainings regarding clinical documentation and clinical practice. The trainings will be from 10:30am – 11:30am and will be located at different conference rooms at the Monterey County Health Department at 1270 Natividad Road, Salinas, CA 93906.

The training schedule is as follows:

Date	Location	Subject
May 21, 2015	Shasta Room	History of Presenting Illness, Part I
June 4, 2015	Whitney Room	History of Presenting Illness, Part II
July 2, 2015	Whitney Room	The Psychiatric and Medical History
July 16, 2015	Shasta Room	Assessment and Recommendations
July 30, 2015	Whitney Room	Safety
August 13, 2015	Shasta Room	Concurrent Documentation

No advanced sign up required, just show up to the training ready to learn!

Avatar: Psychosocial Revision
Pilot Launching Now!

For those who signed up for the pilot program, MCBH QI emailed information on how to access the “Lean” Psychosocial assessment along with other information, such as written and video instructions on how to use the new form.



[Click here](#) to watch the video of how to use the “Lean” Psychosocial Assessment.

[Click here](#) to view the written directions.

If you are interested in signing up for the pilot, [click here](#).

Avatar: Clinical Progress Notes Form Restricted Disclosure and Signature Fields

Some folks have noticed the newest additions to the 2nd section of the Clinical Progress Form in Avatar (see screenshot below). The two changes are:

1. Restricted Disclosure field

The Restricted Disclosure is related to updates to Policy 129 – Medical Records featured in last month’s newsletter. Designating a clinical progress note as “restricted disclosure” alerts MCBH QI staff to review the document and, if necessary, consult with the individual provider and/or their supervisor/manager prior to releasing the note as part of a client record request. Final determination of whether or not client access to clinical progress notes will be denied will be done by a licensed clinical staff from MCBH QI based on relevant Federal, State, and local laws and regulations in effect at the time of the review. [Click here](#) to view the full version of the updated Policy 129.

2. Client Signature box.

This field does not have to be used by all MCBH or contracted programs using the Avatar electronic health records system. This was developed and placed in the form for specific teams and programs whose regulatory requirements include client signatures on certain types of progress notes.

Your teams will be individually notified if you are required to use this field and under what circumstances to use it in. DO NOT worry about utilizing this client signature field until your team receives notification to do so.

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The image shows a screenshot of a clinical progress note form. The form is titled "Clinical Progress Note MC" and has a "Chart" icon. On the left side, there are two tabs: "Ambulatory Progress N..." and "Evidence Based Practice". Below the tabs is a "Submit" button and a set of icons. The main content area has a dropdown menu for "Evidence Based Practice" and another dropdown menu for "Restricted Disclosure". A red arrow points from a box labeled "1) Restricted Disclosure" to the "Restricted Disclosure" dropdown. Below this is a "Client Signature" field with a "Get Signature" button. A second red arrow points from a box labeled "2) Client Signature" to the "Get Signature" button. The background of the form has a large, faint "DRAFT" watermark.

Resource: CA BBS Online License/Registration Renewal



For those licensed or registered through the California Board of Behavioral Health Sciences, did you know that you can now renew your license(s) or registration(s) online? Currently, the status of your license(s) or registration(s) is updated instantaneously if you renew online.

For more information and instructions on how to renew your license online, [click here](#) go to the CA Department of Consumer Affairs BreZE website. Once you register a user account and associate your license(s) or registration(s) to your user account, a renewal link becomes available approximately 100 calendar days before the expiration of your license(s) or registration(s).

Monterey County Behavioral Health

Quality Improvement Newsletter

Reminder: Unusual Incident Reporting for Client Deaths

This is a reminder that an Special or Unusual Incident Report must be submitted to the MCBH Director's Office and MCBH Quality Improvement any time an MCBH provider or contractor learns of a client's death. The report must be submitted even if the death is a result of natural causes. MCBH QI places specific safeguards in the health records of all deceased clients so it is extremely significant that notification be provided.

2015 QI Trainings

The 2015 MCBH QI trainings are now open for enrollment on the MCBH QI Website!

[Click here](#) to access a list of the 2015 MCBH QI Trainings.

[Click here](#) to go to the MCBH QI website training calendar to enroll for any of the trainings.

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