

# Quality Improvement Newsletter

County of Monterey



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## Policy: 335-Assessing and Initiating a 5150 in Outpatient and Integrated Care Clinics (effective 10/22/2015)



This policy describes standard practices for County staff for dealing with a current or potential client who present for outpatient services with behaviors, thoughts, or symptoms that warrant an assessment for involuntary hold (5150).

Overview of steps:

- Conduct a risk assessment
- Obtain collateral information
- Determination of need for 5150 hold
- Consult with Supervisor
- Specific instructions for 1441 Constitution Blvd, Bldg. 400 clinics
- [335 - Assessing and Initiating a 5150 in Outpatient and Integrated Care Clinics](#)

*I'm thankful for...*



### Staff Participation: Consumer Perception Surveys this month

November 16-20, 2015

**REMINDER:** We will be collecting information via Consumer Perception Surveys.

The surveys are conducted over the course of one week in all our clinics as well as our Community Partner clinics. The surveys are completed by adults, caregiver's of children, and transitional age youth.

The information obtained from the surveys will be sent to the Department of Health Care Services (DHCS) for data evaluation.

Behavioral Health may also use the data to review consumer perceptions and for the development of performance plans to ensure high-quality service delivery to consumers and their families.

If you have any questions or concerns regarding the survey period, or if you are calling to designate a point of contact, please email [Mary Alderete-Brown](mailto:Mary.Alderete-Brown) or call 831-755-4545.

We ask that Community Partners designate a point of contact to ensure we send the necessary information regarding the surveys



## Child and Adolescent Needs and Strengths (CANS) and Adult Needs and Strengths Assessment (ANSA)

We are pleased to announce Dr. John S. Lyons will be conducting the CANS/ANSA training on **November 16-18, 2015**

The Child and Adolescent Needs and Strengths (CANS) and the Adult Needs and Strengths Assessment (ANSA) are multi-purpose tools developed for child and adult services to support decision making including level of care and service planning. The CANS/ANSA allows for the monitoring of outcomes of services and supports effective communication in understanding the individual's and/or family's areas of strength as well as the areas needing additional attention. Monterey County utilized the CANS/ANSA along multiple points in treatment, beginning with the assessment process. The CANS/ANSA facilitates the linkage between the assessment and the design of individualized treatment plans. This training will provide you with the necessary knowledge to use CANS or ANSA to support the delivery of mental health services.

### Who should attend?

**November 16<sup>th</sup> and 17<sup>th</sup>:** Direct service staff members may choose to attend one of the two training dates available.

**November 18<sup>th</sup>:** Supervisors, Managers, or Staff who are in supervisory roles. This training will provide you with tools for integrating CANS/ANSA into the fabric of your supervisory process.

**Note:** For County staff, this training is approved as QI time. [Click here to register](#)

## Non-Violent Crisis Intervention Formal Refresher Training

November 19, 2015:

This is a **4-hour Recertification** Training for Adult & Children's Behavioral Health employees who have attended the 7-hour CPI comprehensive course twice in the past two years.

**To Enroll:** Obtain your supervisor's approval then [Click here to register](#).



## myAvatar Training

November 20, 2015:

This course is an introduction on how to navigate the myAvatar Electronic Health Records (EHR) system. Organized in a way that follows a client from admission to discharge in myAvatar EHR, the course offers training on how to log in to Avatar; search for clients; search for the various forms and reports available; and enter pertinent clinical information into the various forms in myAvatar EHR. [Click here to register](#).

## Clinical Progress Notes Training

December 3rd, 2015

This is a lecture/discussion training that explores the principles and philosophies underlying Monterey County Behavioral Health's (MCBH) clinical progress notes specifically, the "FIRP" format of writing notes and how it is used to document the variety of services we provide. This training will include in-depth review of sample progress notes and will also provide a "hands on" opportunity for participants to complete progress notes based on vignettes and receive direct feedback from the trainers. [Click here to Register](#)

## QI Contact Information

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## Did you know

- *Thirty years ago, it was thought that children did not experience mood disorders like depression.*<sup>[i]</sup>
- *In the 1980s and 1990s, national surveys revealed that many adults with mental illness recall having had their first symptoms in youth. Subsequent work confirmed that early signs of psychiatric disorders are often present years before a diagnosis is made.*<sup>[ii]</sup>