

Monterey County Behavioral Health, Quality Improvement

Monterey County Behavioral Health Quality Improvement Memo

DATE: October 22, 2018

SUBJECT: CANS/ANSA/PSC-35

Topic

The Department of Health Care Service (DHCS) has issued Information Notice 17-052 and 18-048, which outlines the requirements for completing the Child and Adolescent Needs and Strengths (CANS-50) and the Pediatric Symptom Checklist (PSC-35). This memo changes the previously set standards by Monterey County Behavioral Health (MCBH) for completing CANS/ANSA. Monthly, MCBH will be submitting CANS-50 and PSC-35 data to the State.

The CANS and Adult Needs and Strengths Assessment (ANSA) are multi-purpose communication tools developed for child and adult services to support decision making, including level of care and service planning that allow for the monitoring of outcomes and goal attainment. The CANS/ANSA allows for the effective communication with the client/family to accurately represent the shared vision of the child and adult receiving services.

The PSC-35 is a psychosocial screening tool designed to facilitate the recognition of cognitive, emotional, and behavioral problems so appropriate interventions can be initiated as early as possible. Parents/caregivers will complete PSC-35 (parent/caregiver version) for children and youth ages 3 up to age 18. Any staff member may support a caregiver in completing the PSC-35.

The DHCS Information Notices 17-052 and 18-048 do not change MCBH's policy regarding ANSA. Programs serving adults, shall continue to use the ANSA tool, as applicable. Adult-System-of Care programs who have implemented Reaching Recovery shall complete the Recovery Markers Inventory (RMI) tool in lieu of completing ANSA. The RMIs shall be completed quarterly. Much like ANSA, the RMI tool is used for treatment planning and recovery measures.

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Procedures

- Effective Immediately
- These changes affect County and Contracted Provider programs
- The new Child and Adolescent Needs and Strengths (CANS-50) form is available in Avatar.
 - **Search for “Child and Adolescent Needs and Strengths”**
 - Shall be completed by **ALL** Access to Treatment and Children’s programs
 - Completed for ages 6 – 20
- The Pediatric Symptom Checklist (PSC-35) information will be made available shortly
 - Shall be completed by **ALL** Access to Treatment and Children’s programs
 - Completed by child/youth’s caregiver
 - Completed for ages 3 – 18
- Frequency for CANS-50 and PSC-35
 - At the start of treatment
 - Update every 6-months from initial CANS-50
 - At time of discharge
- Other CANS modules
 - Name change to the current CANS ANSA module in avatar. This form has been renamed “MC CANS ANSA.” “MC” stands for Monterey County.
 - No changes for programs who complete CANS 0-5 module; Use “MC CANS ANSA” form to complete module
 - School programs completing CANS EI shall complete CANS-50 **plus** a modified CANS EI (changes to CANS EI will be forthcoming).
- ANSA
 - Name change to the current CANS ANSA module in avatar. This form has been renamed “MC CANS ANSA.” “MC” stands for Monterey County
 - No changes to programs utilizing ANSA, except those using Reaching Recovery
 - Effective 9/1/2018, Adult-System-Of-Care programs who have implemented Reaching Recovery, shall complete the Recovery Markers Inventory (RMI), in lieu of ANSA
 - RMI’s are to be completed quarterly
- Training
 - Staff who need CANS certification, shall complete the certification training offered through Monterey County Behavioral Health training department.
 - Contact 415-Training@co.monterey.ca.us to request training

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CANS 50: https://www.dhcs.ca.gov/services/MH/Documents/FMORB/CA_CANS_50_ADA.pdf

PSC-35: https://www.dhcs.ca.gov/services/MH/Documents/FMORB/PSC-35_ADA.pdf

We appreciate your cooperation and understanding.

Respectfully,

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