



# Monterey County Behavioral Health Policy and Procedure

Policy Number	471
Policy Title	Advance Health Care Directives
References	TITLE 42, SECTIONS 438.6(h)(2)(i), 422.128(B)(1)(i)(F) and 417.436(d)(1)(iv), 1395cc(f) and 1396a(w) NATIVIDAD MEDICAL CENTER POLICY 1:0900 ADVANCE DIRECTIVES
Form	ATTACHMENT 1 – ADVANCE HEALTH CARE DIRECTIVE [ENGLISH (5-15) AND SPANISH (16-24)]  ATTACHMENT 2 - YOUR RIGHTS TO MAKE DECISIONS ABOUT MEDICAL TREATMENT PAMPHLET (25-27)  ATTACHMENT 3 – ADVANCE DIRECTIVE ADMISSION STATEMENT FOR NATIVIDAD MEDICAL CENTER [ENGLISH (28) AND SPANISH (29)]  ATTACHMENT 4 – WELCOME TO NATIVIDAD MEDICAL CENTER PAMPHLET (30-34)  ATTACHMENT 5 – ADVANCE HEALTH CARE DIRECTIVE (ENGLISH) 8610-9038 NMC (35-49)  ATTACHMENT 6 - DURABLE POWER OF ATTORNEY FOR HEALTH CARE DECISIONS (ENGLISH) © CALIFORNIA MEDICAL ASSOCIATION – NMC (50-54)  ATTACHMENT 7 – DURABLE POWER OF ATTORNEY FOR HEALTH CARE DECISIONS (SPANISH) © CALIFORNIA MEDICAL ASSOCIATION – NMC (55-57)  ATTACHMENT 8 – ADVANCE DIRECTIVE STATEMENT (58-59)
Effective	MARCH 1, 2009

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## POLICY

The Monterey County Behavioral Health Division (MCBHD) supports The Patient Self-Determination Act of 1990 (PSDA) which requires hospitals, skilled nursing facilities, home health, personal care agencies, and hospice programs maintain written policies and procedures to assure that every adult (or emancipated minor) receiving medical care by or through the organization is provided written information at the time of every admission concerning their individual right under state law to make decisions regarding his/her medical care. That includes

10 the right to accept or refuse treatment and the right to formulate an advanced directive by  
11 individual health care instruction or a power of attorney [Probate  
12 Code Section 4629 (www.dmh.ca.gov/DMHDocs/docs/letters04/04-08\_Encl\_2.pdf - 2007-10-  
13 15)] for health care (any care, treatment, service, or procedure to maintain, diagnose, or  
14 otherwise affect their physical or mental condition (Probate Code Section 4615). It should be  
15 presented in a reasonably clear manner.

16  
17 **PROCEDURE**

18 1. MCBHD (Inpatient and/or Outpatient) will provide written information to adult  
19 consumers (or emancipated minors) of an individual’s rights under state law to  
20 make decisions regarding medical care, including the right to accept or refuse  
21 treatment and the right to formulate advance directives. Parents/legal  
22 caretakers of minor children who receive services through the MCBHD will  
23 also be provided that same information and option of medical care and  
24 advance directives. An advance directive can be initiated before or after the  
25 consumer loses the ability to make decisions for themselves. An advance  
26 directive can be revoked at any time. [The written information flyer and  
27 documentation must be updated as soon as possible, but no later than 90  
28 days after a change in state law (Attachment 2)]. The documentation of the  
29 receipt of that information will be noted in the consumer’s chart (see  
30 ATTACHMENT 8). Natividad Medical Center (NMC) inpatient admissions  
31 provides consumers with an additional informational pamphlet  
32 (ATTACHMENT 4) as well as an Advance Directive Admission Statement  
33 (ATTACHMENT 3).

34  
35 Staff need to keep in mind only a judge can remove a consumer’s right to self-  
36 choice. Having a Power of Attorney does not remove the consumer’s right to  
37 self-choice. The advance directive would not apply to psychotropic  
38 medication as a “Riese Hearing” would apply (patient’s refusal to voluntarily  
39 take psychotropic medication – *Riese v St. Mary’s Hospital & Medical Center*  
40 *(1987) 209 CA 3d 1303, 243 CR 241, Welfare and Institutions Code 5332-5337*). A  
41 Wellness Recovery Plan (WRAP) would not take the place of an advance  
42 directive although it could certainly help guide the individual with the Power of  
43 Attorney in making decisions on the behalf of the consumer.

44  
45 2. The MCBHD staff must provide written information regarding implementations  
46 of such rights, including a clear and precise statement of limitation if the  
47 provider cannot implement an advance directive on the basis of conscience.  
48 (It is not meant to preempt any state law that protects providers’ rights not to  
49 implement an advance directive as a matter of conscience). The material  
50 must identify any limitations the hospital or outpatient clinic may have on  
51 honoring specific requests based on conscience (e.g. religious belief). The  
52 statement of limitation must clarify any differences between hospital-wide  
53 or outpatient clinic conscience objections and those that may be raised by  
54 individual physicians. The objection must identify the state legal authority  
55 authorizing conscience objections, and describe the range of medical

56  
57  
58 conditions or procedures affected by the conscience objections (Health Care

59 Decisions Law).

- 60
- 61
- 62 3. Document in a prominent part of the consumer's medical record whether or
- 63 not the consumer has executed an advance directive. (That is not just the
- 64 receipt of a completed Advance Directive Statement but the actual execution
- 65 of it), as well as its withdrawal.
- 66
- 67 4. There will not be a condition of the provision of care, or otherwise
- 68 discrimination against a consumer, based on whether or not he/she has
- 69 executed an advance directive. A consumer's choice to establish an advance
- 70 directive OR to NOT establish advance directives will be documented on the
- 71 Advance Directive form (ATTACHMENT 1 and 8) and will be filed in the legal
- 72 section of the consumer's file.
- 73
- 74 5. MCBHD staff will comply with state statutes, regulations, and court decisions
- 75 regarding advance directives.
- 76
- 77 6. MCBHD will educate the staff concerning its policies and procedures on
- 78 advance directives.
- 79 • Power of Attorney for Health Care – that part of an advance directive to
  - 80 appoint an agent to make a health care decision. They must be 18
  - 81 years of age or older and capable of making the consumer's medical
  - 82 decisions. It can be a relative or friend, or any other person the
  - 83 consumer trusts to speak for them when medical decisions must be
  - 84 made. **IT CAN NOT BE THE CASE MANAGER OR BOARD AND**
  - 85 **CARE OPERATOR** – see limitations on ATTACHMENT 2.
  - 86 (MCBHD staff may need to assist the consumer in fully understanding
  - 87 who might be a reasonable candidate to act on their behalf).
  - 88 • Individual Health Care Instruction – part where the consumer
  - 89 expresses what they want done.
  - 90
- 91 7. Provide the consumer with a Patient's Rights Brochure (ATTACHMENT 2 OR
- 92 4, depending on admissions) as part of the hospital/outpatient admission
- 93 process that identifies the consumer's rights to make decisions regarding their
- 94 health care, the right to accept or refuse medical or surgical treatment, even if
- 95 treatment is life-sustaining.
- 96
- 97 8. Inform consumers that complaints concerning the advance directives may be
- 98 made to the California Department of Health (916) 552-8700.
- 99
- 100 9. Admissions to NMC provides the consumer with a variety of Advance Health
- 101 Directive forms to choose from that can be obtained through the Social
- 102 Services office at NMC (ATTACHMENTS 5. 6. or 7). The hospital
- 103 administration will generally accept variations of the directive, provided it
- 104 meets the guidelines and intent of Patient Self-Determination Act of 1990.
- 105 Outpatient services will provide the consumer with a copy of YOUR RIGHT TO
- 106 MAKE DECISIONS ABOUT MEDICAL TREATMENT (ATTACHMENT 2),
- 107 and if the consumer elects to invoke a written advance directive, will be

108 provided a copy of the ADVANCE HEALTH CARE DIRECTIVE  
109 (ATTACHMENT 1), as well as complete ATTACHMENT 8, Advance Directive  
110 Admission Statement.  
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ADVANCE HEALTH CARE DIRECTIVE

INSTRUCTIONS

Part 1 of this form lets you name another individual as agent to make health care decisions for you if you become incapable of making your own decisions, or if you want someone else to make those decisions for you now even though you are still capable. You may also name an alternate agent for you if your first choice is not willing, able, or reasonably available to make decisions for you.

Your agent may not be an operator or employee of a community care facility or a residential care facility where you are receiving care, or you supervising health care provider or an employee of the health care institution where you are receiving care, unless your agent is related to you or is a coworker.

Unless you state otherwise in this form, your agent will have the right to:

1. Consent or refuse consent to any care, treatment, service, or procedure to maintain, diagnose, or otherwise affect a physical or mental condition.
2. Select or discharge health care providers and institutions.
3. Approve or disapprove diagnostic tests, surgical procedures, and programs of medication.
4. Direct the provision, withholding, or withdrawal of artificial nutrition and hydration and all other forms of health care, including cardiopulmonary resuscitation.
5. Donate organs or tissues, authorize an autopsy, and direct disposition of remains.

However, your agent will not be able to commit you to a mental health facility, or consent to convulsive treatment, psychosurgery, sterilization or abortion for you.

ATTACHMENT 1(ENGLISH)

Part 2 of this form lets you give specific instructions about any aspect of your health care, whether or not you appoint an agent. Choices are provided for you to express your wishes regarding the provision, withholding, or withdrawal of treatment to keep you alive, as well as the provision of pain relief. You also can add to the choices you have made or write down any additional wishes. If you are satisfied to allow your agent to determine what is best for you in making end-of-life decisions, you need not fill out Part 2 of this form.

Give a copy of the signed and completed form to your physician, to any other health care providers you may have, to any health care institution at which you are receiving care, and to any health care agents you have named. You should talk to the person you have named as agent to make sure that he or she understands your wishes and is willing to take the responsibility.

You have the right to revoke this advance health care directive or replace this form at any time.

PART 1 – POWER OF ATTORNEY FOR HEALTH CARE

DESIGNATION OF AGENT: I designate the following individual as my agent to make health care decisions for me:

Name of individual you choose as agent: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_  
(home phone) (work phone) (cell/pager)

OPTIONAL: If I revoke my agent's authority or if my agent is not willing, able, or reasonably available to make a health care decision for me, I designate as my first alternative agent:

Name of individual you choose as first alternative agent: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_  
(home phone) (work phone) (cell/pager)

OPTION: If you revoke the authority of my agent and first alternate agent or if neither is willing, able, or reasonably available to make a health care decision for me, I designate as my second alternate agent:

198  
199 Name of individual you choose as second alternate agent: \_\_\_\_\_

200  
201 Address: \_\_\_\_\_

202  
203 \_\_\_\_\_

204  
205 Telephone: \_\_\_\_\_  
206 (home phone) (work phone) (cell/pager)

207  
208 AGENT'S AUTHORITY: My agent is authorized to make all health care decisions for me,  
209 including decisions to provide, withhold, or withdraw artificial nutrition and hydration and all  
210 other forms of health care to keep my alive, except as I state here:

211  
212 \_\_\_\_\_

213  
214 \_\_\_\_\_

215  
216 \_\_\_\_\_

217  
218 (Add additional sheets if needed.)

219  
220 WHEN AGENT'S AUTHORITY BECOMES EFFECTIVE: My agent's authority becomes  
221 effective when my primary physician determines that I am unable to make my own health care  
222 decisions. \_\_\_\_\_

223 (Initial here)

224  
225 OR

226  
227 My agent's authority to make health care decisions for me takes effect immediately.

228 \_\_\_\_\_  
229 (Initial here)

230  
231 AGENT'S OBLIGATION: My agent shall make health care decisions for me in accordance with  
232 this power of attorney for health care, any instructions I give in Part 2 of this form, and my other  
233 wishes to the extent known to my agent. To the extent my wishes are unknown, my agent shall  
234 make health care decisions for me in accordance with what my agent determines to be in my  
235 best interest. In determining my best interest, my agent shall consider my personal values to  
236 the extent known to my agent.

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247 STATEMENT OF WITNESSES: I declare under penalty of perjury under the laws of California  
248 (1) that the individual who signed or acknowledged this advance health care directive is  
249 personally known to me, or that the individual's identity was proven to me by convincing  
250 evidence (2) that the individual signed or acknowledged this advance directive in my presence,  
251 (3) that the individual appears to be of sound mind and under no duress, fraud, or undue  
252 influence, (4) that I am not a person appointed as agent by this advance directive, and (5) that I  
253 am not the individual[s health care provider, an employee of the individual's health care  
254 provider, the operator of a community care facility, an employee of an operator of a community  
255 health care facility, the operator of a residential care facility for the elderly, nor an employee of  
256 an operator of a residential care facility for the elderly.

257  
258 FIRST WITNESS

259  
260 Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

261  
262 Address: \_\_\_\_\_

263

264

265 \_\_\_\_\_

266

267 Signature of witness: \_\_\_\_\_ Date: \_\_\_\_\_

268

269 SECOND WITNESS

270

271 Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

272

273 Address: \_\_\_\_\_

274

275 \_\_\_\_\_

276

277 Signature of Witness: \_\_\_\_\_ Date: \_\_\_\_\_

278

279 ADDITIONAL STATEMENT OF WITNESSES: At least one of the above witnesses must also  
280 sign the following declaration:

281

282

283

284 I further declare under penalty of perjury under the laws of California that I am not related to the  
285 individual executing this advance health care directive by blood, marriage, or adoption, and to  
286 the best of my knowledge, I am not entitled to any part of the individual's estate upon his or her  
287 death under a will now existing or by operation of law.

288

289 Signature of Witness: \_\_\_\_\_

290

291 Signature of Witness: \_\_\_\_\_

292

293 YOU MAY USE THIS CERTIFICATE OF ACKNOWLEDGMENT BEFORE A NOTARY PUBLIC  
294 INSTEAD OF THE STATEMENT OF WITNESSES.

295



296 State of California )  
297 ) SS.  
298 )

299 County of \_\_\_\_\_

300  
301 On (date) \_\_\_\_\_, before me, (name and title of  
302 officer) \_\_\_\_\_,

303  
304 personally appeared (name(s) of signer(s)) \_\_\_\_\_

305  
306  
307 personally known to me OR

308  
309 proved to me on this basis of satisfactory evidence

310  
311  
312 to be the person(s) whose names(s) is/are subscribed to the within instrument and  
313 acknowledged to me that he/she/they executed the same in his/her/their authorized  
314 capacity(ies), and that by his/her/their signature(s) on the instrument the person(s), or the entity  
315 upon behalf of which the person(s) acted, executed the instrument.

316  
317 WITNESS my hand and official seal. (Civil Code Section 1189)

318  
319 Signature of Notary: \_\_\_\_\_

320  
321  
322

323  
324 PART 6 – SPECIAL WITNESS REQUIREMENT

325  
326 If you are a patient in a skilled nursing facility, the patient advocate or ombudsman must sign  
327 the following statement:

328  
329 STATEMENT OF PATIENT ADVOCATE OR OMBUDSMAN

330  
331 I declare under penalty of perjury under the laws of California that I am a patient advocate or  
332 ombudsman as designated by the State Department of Aging and that I am serving as a  
333 witness as required by Section 4675 of the Probate Code.

334  
335 Date: \_\_\_\_\_

336  
337 Name: \_\_\_\_\_  
338 (print your name)

339  
340 Address: \_\_\_\_\_

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342 \_\_\_\_\_

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AGENT'S POSTDEATH AUTHORITY: My agent is authorized to make anatomical gifts, authorize an autopsy and direct disposition of my remains, except as I state here in Part 3 of this form:

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(Add additional sheets if needed.)

**PART 2 – INSTRUCTIONS FOR HEALTH CARE**

If you fill out this part of the form, you may strike any wording you do not want.

END-OF-LIFE DECISIONS: I direct that my health care providers and others involved in my care provide, withhold, or withdraw treatment in accordance with the choice I have marked below:

**Choice Not to Prolong Life:**

\_\_\_\_\_ I do not want my life to be prolonged if (1) I have an  
(Initial here) incurable and irreversible condition that will result in my death within a relatively short time, (2) I become unconscious and, to a reasonable degree of medical certainty, I will not regain consciousness, or (3) the likely risks and burdens of treatment would outweigh the expected benefits,

OR

**Choice to Prolong Life:**

\_\_\_\_\_ I want my life to be prolonged as long as possible within the  
(Initial here) limits of generally accepted health care standards.

RELIEF FROM PAIN: Except as I state in the following space, I direct that treatment for alleviation of pain or discomfort be provided at all times, even if it hastens my death:

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(Add additional sheets if needed.)

OTHER WISHES: (If you do not agree with any of the optional choices above and wish to write your own, or if you wish to add to the instructions you have given above, you may do so here).

I direct that:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Add additional sheets if needed.)

PART 3 – DONATION OF ORGANS AT DEATH (OPTIONAL)

Upon my death:

I give any needed organs, tissues, or parts \_\_\_\_\_  
(Initial here)

OR

I give the following organs, tissues, or parts only: \_\_\_\_\_  
\_\_\_\_\_  
(Initial here)

My gift is for the following purposes:

Transplant \_\_\_\_\_ Research \_\_\_\_\_  
(Initial here) (Initial here)

Therapy \_\_\_\_\_ Education \_\_\_\_\_  
(Initial here) (Initial here)

443 PART 4 – PRIMARY PHYSICIAN (OPTIONAL)

444

445 I designate the following physician as my primary physician:

446

447 Name of Physician: \_\_\_\_\_ Telephone: \_\_\_\_\_

448

449 Address: \_\_\_\_\_

450

451 \_\_\_\_\_

452

453 PART 5 – SIGNATURE

454

455 This form must be signed by two qualified witnesses, or acknowledged before a notary public.

456

457 SIGNATURE: Sign and date the form here:

458

459 Date: \_\_\_\_\_

460

461 Name: \_\_\_\_\_

462

(print your name)

463

464 Address: \_\_\_\_\_

465

466 \_\_\_\_\_

467

468

469 Attachment Advance Directive--Spanish

470

471 DIRECTIVA POR ANTICIPADO DE LA ATENCIÓN DE LA SALUD

472

473 INSTRUCCIONES

474

475 La Sección 1 de este formulario le permite nombrar a otro individuo como representante para  
476 que tome las decisiones de atención de la salud por usted en caso que llegue a ser incapaz de  
477 tomar sus propias decisiones o si usted quiere que alguien mas tome esas decisiones por usted  
478 ahora aunque todavía siga siendo capaz. También puede nombrar a un representante  
479 suplente que actúe por usted si su primera elección no está dispuesta, no es capaz o no  
480 está razonablemente accesible para tomar decisiones por usted.

481

482 Su representante no puede ser un operador o empleado de un establecimiento de atención  
483 comunitaria y un establecimiento de atención residencial donde lo estén atendiendo, ni su  
484 proveedor de atención de la salud encargado de la supervisión o un empleado de la institución  
485 de atención de la salud donde usted esté recibiendo la misma, a menos que su representante  
486 esté emparentado con usted o sea compañero de trabajo.

487

488 A menos que indique lo contrario en este formulario, su representante tendrá el derecho de:

489

- 490 1. Prestar o negar el consentimiento a cualquier atención, tratamiento, servicio o  
491 procedimiento para mantener, diagnosticar o afectar de otro modo una enfermedad física o  
492 mental.
- 493
- 494 2. Seleccionar o rechazar proveedores e instituciones de atención de la salud.
- 495
- 496 3. Aprobar o desaprobar pruebas diagnósticas, procedimientos quirúrgicos y programas de  
497 medicamentos.
- 498
- 499 4. Dirigir el proveimiento, la negación o la retirada de nutrición e hidratación artificial y todas  
500 las demás formas de atención de la salud, incluyendo resucitación cardiopulmonary.
- 501
- 502 5. Donar órganos o tejidos, autorizar una autopsia y ordenar la disposición final de los restos.
- 503

504 Sin embargo, su representante no podrá internarlo en un establecimiento psiquiátrico ni dar su  
505 consentimiento para que usted sea sometido a tratamiento convulsivo, psicocirugía,  
506 esterilización o aborto.

507

508 La Sección 2 de este formulario le permite dar instrucciones específicas acerca de cualquier  
509 aspecto de su atención de la salud, ya sea que usted nombre un representante o no. Se  
510 proporcionan opciones para que usted exprese sus deseos acerca del proveimiento, la  
511 negación o la retirada del tratamiento para mantenerlo vivo, así como el proveimiento de alivio  
512 del dolor. También se proporciona espacio para que usted aumente las opciones que haya  
513 hecho o que anote cualesquiera deseos adicionales. Si está conforme con dejar que su  
514 representante determine lo que sea mejor para usted al tomar decisiones relacionadas con el  
515 final de la vida, no es necesario que llene la Parte 2 de este formulario.

516

517 Entréguele copia del formulario firmado y debidamente llenado a su médico, a cualesquiera  
518 otros proveedores de atención de la salud que pueda tener, a cualquier institución de atención  
519 de la salud en la que lo estén atendiendo y a todos los representantes de atención de la salud  
520 que haya nombrado. Deberá hablar con la persona que haya nombrado como representante  
521 para asegurar que él o ella entienda sus deseos y esté dispuesta a asumir la responsabilidad.

522

523 Usted tiene derecho a revocar esta directiva por anticipado de la atención de la salud o a  
524 reemplazar este formulario en cualquier momento.

525

526

527  
528

PARTE 1 – PODER NOTARIAL PARA ATENCIO DE LA SALUD

529

530 DESIGNACIÓN DEL REPRESENTANTE: Designo al siguiente individuo como mi  
531 representante para que tome las decisions de atencio n de la salud por mi:

532

533 Nombre del individuo que usted elija como representante

534

535

536 Direccio n: \_\_\_\_\_

537

538 \_\_\_\_\_

539

540 Teléfono: \_\_\_\_\_

541 (en casa) (teléfono en el trabajo) (teléfono celular)

542

543 OPCIONAL: Si revoco la autoridad de mi representante y mi primer reporesnetante suplente o  
544 si ninguno de los dos está dispuesto, es capaz o está razonablemente accessible para tomar  
545 una decisio n de atencio n de la salud por mí Segundo representante suplente a:

546

547 Nombre del individuo que usted elija como su irecti representante suplente

548

549 \_\_\_\_\_

550 Direccio n: \_\_\_\_\_

551

552 \_\_\_\_\_

553

554 Teléfono: \_\_\_\_\_

555 (en casa) (teléfono en el trabajo) (teléfono celular)

556

557 AUTORIDAD DEL REPRESENTANTE: Mi representante está autorizado para tomar todas las  
558 directive de atencio n de la salud por mí, incluyendo las desisiones para proveer, negar o retirar  
559 la nutrisio n e hidratacio n artificial y todas las demás formas de atencio n de la salud para  
560 mantenerme vivo, excepto como lo consigno aquí:

561

562 \_\_\_\_\_

563 (Si es necesario, agregue hojas adicionales.)

564 CUA NDO ENTRA EN VIGENCIA LA AUTORIDAD DEL REPRESENTANTE: La autoridad de  
565 mi representante entra en vigencia cuando mi medico de atnecio n primaria determine que soy  
566 incapaz de tomar mis propias decisions de atencio n de la salud.

567

568 \_\_\_\_\_  
(Escribe sus iniciales aquí. Initial here)

569

570 OBLIGACIO N DEL REPRESENTANTED: Mi representante tomará decisions de atencio n de  
571 la salud por mí de acuendo con este poder notarial para atencio n de la salud, todas las  
572 instrucciones que yo propocione en la Parte 2 de este formulario y mis demás deseos en la  
573 medida conocida para mi representante. En la medida que mis deseos sean desconocidos, mi  
574 representante tomará decisions de atencio n de la salud por mí de acuerdo con lo que mi

575 representante determine que es en mi mayor interés. Para determinar mi mayor interés, mi  
576 representante deberá considerar mis valores personales en la medida conocida por el mismo.

577  
578 **AUTORIDAD DEL REPRESENTANTE DESPUÉS DE LA MUERTE:** Mi representante está  
579 autorizado para hacer donaciones anatómicas, autorizar una autopsia y ordenar la disposición  
580 final de mis restos, excepto como yo lo consigno aquí o en la Parte 3 de este formulario:

581  
582  
583 \_\_\_\_\_  
584  
585 \_\_\_\_\_  
586  
587 \_\_\_\_\_

588 (Si es necesario, agregue hojas adicionales.)

589  
590 **NOMBRAMIENTO DEL CONSERVADOR:** Si es necesario que una corte designe para mí un  
591 conservador de mi persona, yo nombre al representante designado en este formulario. Si ese  
592 representante no está dispuesto, no es capaz o no está razonablemente accesible para  
593 actuar como conservador, nombro a los representantes suplentes que he designado, en el  
594 orden en que lo he hecho.

595  
596  
597

## 598 PARTE 2 – INSTRUCCIONES PARA LA ATENCIÓN DE LA SALUD

599  
600 Si usted llena esta parte del formulario, podrá tachar cualquier texto que no quiera.

601  
602 **DECISIONES DEL FINAL DE LA VIDA:** Ordeno que mis proveedores de atención de la salud  
603 y otros que participen en mi atención de la salud y otros que participen en mi atención provean,  
604 nieguen o retienen el tratamiento de acuerdo con la elección que yo haya marcado abajo:

605  
606

607 Elección de no prolongar la vida

608  
609 No quiero que mi vida sea prolongada si (1) tengo una enfermedad incurable e irreversible que  
610 resulte en mi muerte dentro de un periodo relativamente corto, (2) pierdo el conocimiento y,  
611 con un grado razonable de certidumbre médica, no lo recuperaré o (3) los riesgos y cargas  
612 probables del tratamiento serían más mayores que los beneficios previstos, O

613  
614

614 Elección de prolongar la vida

615  
616 Quiero que mi vida sea prolongada tanto como sea posible dentro de los límites de las  
617 normas de atención de la salud generalmente aceptada.

618

619 **ALIVIO DEL DOLOR:** Excepto como lo consigno en el siguiente espacio, ordeno que se me  
620 proporcione en todo momento tratamiento para el alivio del dolor o las molestias, aunque  
621 acelere mi muerte:

622

623 (Si es necesario, agregue hojas adicionales).

624 OTROS DESEO: (Si usted no está de acuerdo con alguna de las elecciones opcionales que  
625 aparecen arriba y desea anotar las suryas propia, o si desea aumentar las instrucciones que ha  
626 proporcionado arriba, puede hacerlo aquí).

627 Ordene que:

628 \_\_\_\_\_  
629 \_\_\_\_\_  
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636 (Si es necesario, agregue hojas adicionales.)

637 **PARTE 3 – DONACION DE ORGANOS DESPUES DE LA MUERTE (OPCIONAL)**

639 Después de mi muerte

641 Dono todos los órganos, tejidos o partes necesarios,

642 \_\_\_\_\_  
643 Escriba sus iniciales aquí. (Initial here)

644 O  
645 Dono solamente los siguientes órganos, tejidos o partes.

646 \_\_\_\_\_  
647 Escriba sus iniciales aquí. (Initial here)

648 Mi donación es para los siguientes propósitos (tache cualquiera de los siguientes que usted no  
649 desee):

650 Traslante \_\_\_\_\_  
651 Escriba sus iniciales aquí. (Initial here)

652 Investigación \_\_\_\_\_  
653 Escriba sus iniciales aquí. (Initial here)

654 Terapia \_\_\_\_\_ Educación \_\_\_\_\_  
655 Escriba sus iniciales aquí. (Initial here) Escriba sus  
656 iniciales aquí.

657 **PARTE 4 – MEDICO DE ATENCION PRIMARIA (OPCIONAL)**

658 Designo al siguiente como mi medico de atención primaria:

659 Nombre del Médico: \_\_\_\_\_ Teléfono: \_\_\_\_\_

660 Dirección: \_\_\_\_\_

661 \_\_\_\_\_

662 OPCIONAL: Si el medico que he designado no está dispuesto, no es capaz o no está  
663 razonablemente accessible para actuar como mi medico de atención primaria, designo al  
664 siguiente para que desempeñe este papel:



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Nombre del Médico: \_\_\_\_\_ Teléfono: \_\_\_\_\_

Dirección: \_\_\_\_\_

\_\_\_\_\_

**PARTE 5 – FIRMA**

El formulario debe ser firmado por dos testigos calificados o certificado ante un notario público.

FIRME: Firme y ponga aquí la fecha en el formulario:

Fecha: \_\_\_\_\_

Nombre: \_\_\_\_\_  
(ponga su firma) (escriba su nombre con letra de molde)

Dirección: \_\_\_\_\_

\_\_\_\_\_

**DECLARACIÓN DE LOS TESTIGOS:** Declaro bajo pena de perjurio conforme a las leyes de California (1) que el individuo que firmó o certificó esta directive por anticipado de la atención de la salud es conocido personalmente para mí, o que la identidad del individuo me fue demostrada con evidencia convincente, (2) que el individuo firmó o certificó esta directive por anticipado en mi presencia, (3) que el individuo parece encontrarse en buen estado mental y bajo ninguna presión, fraude o influencia indebida, (4) que no soy la persona designada como representante en esta irective por anticipado y (5) que no soy el proveedor de atención de la salud del individuo, un empleado del proveedor de atención de la salud del individuo, el operado de un establecimiento de atención comunitaria, un atención residencial para ancianos, ni un empleado de un operador de un establecimiento de atención residencial para personas de edad avanzada.

Nombre: \_\_\_\_\_ Teléfono: \_\_\_\_\_

Dirección: \_\_\_\_\_

\_\_\_\_\_

Firma del testigo: \_\_\_\_\_ Fecha: \_\_\_\_\_

**SEGUNDO TESTIGO**

Nombre: \_\_\_\_\_ Teléfono: \_\_\_\_\_

Dirección: \_\_\_\_\_

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Firma del testigo: \_\_\_\_\_ Fecha: \_\_\_\_\_

DECLARACIÓN ADICIONAL DE LOS TESTIGOS: Por lo menos uno de los testigos mencionados arriba también emparentado por lazos sanguíneos, matrimonio o adopción con el individuo que formaliza esta directiva por anticipado de la atención de la salud, y que a mi leal saber y entender, no tengo derecho a parte alguna del caudal hereditario del individuo después de su muerte bajo un testamento actualmente existente existente o por ministerio de ley.

Firma del testigo: \_\_\_\_\_

Firma del testigo: \_\_\_\_\_

PARTE 6 – REQUEIMIENTO DE TESTIGO ESPECIAL

Si usted es paciente en un establecimiento con servicio de enfermería especializada, el abogado o defensor civico del paciente debe firmar la siguiente declaración:

DECLARACIÓN DEL ABOGADO O DEFENSOR CIVICO DEL PACIENTE

Declaro bajo pena de perjurio conforme a las leyes de California que soy abogado o defensor civico del paciente designado por el Departamento de la Senectud del Estado y que estoy sirviendo como testigo como lo estipula la Sección 4675 del Código Testamentario.

Fecha: \_\_\_\_\_

Nombre: \_\_\_\_\_  
(ponga su firma) (escriba su nombre con letra de molde)

Dirección: \_\_\_\_\_

\_\_\_\_\_

760 ADVANCE DIRECTIVE STATEMENT

761

762 I have received a copy of the "Patient's Rights" brochure.

763

764

765

766

767 Do you have an Advance Directive?

768

769 An Advance Directive is a document that a consumer can develop/fill out to help families know  
770 what kind of medical care they want in the future when medical decisions must be made and  
771 the patient is too sick to make the decision(s) for themselves.

772 YES, I HAVE AN ADVANCE DIRECTIVE

773 Did you bring it with you?

774 Yes. Copy made and placed in current chart.

775 No. Unable to provide a copy at this time.

776

777

778 NO, I DO NOT HAVE AN ADVANCE DIRECTIVE

779 I acknowledge receipt of Advance Directive information, "Your  
780 Right to Make Decisions About Medical Treatment".

781

782 Who will make decisions about my medical treatment if I become too ill to express my wishes?

783

784

785 \_\_\_\_\_  
Name Relationship Phone Number

786

787

788 Signed \_\_\_\_\_ Date: \_\_\_\_\_

789 Patient/Family Representative

790

791 Witness \_\_\_\_\_ Date: \_\_\_\_\_

792 MCHD Staff

793

794

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799 DECLARACIÓN PARA PACIENTES CON PODER DURADERO

800

801 Yo recibí una copia del Folleto (Derechos del Paiente)

802

803

804

805

806 ¿Tiene usted un Poder Duradero?

807

808 Un Poder Duradero es un documento/forma que el paciente puede iniciar/llevar que ayude a su  
809 familia hacer decisiones medicas cuando el paciente esta muy enfermo y no puede hacerlas por  
810 si mismo.

811 SI, TENGO UN PODER DURADERO.

812 ¿Lo trajo con usted?

813 Si. La copia esta en el expediente.

814 No, No puedo proveer una copia al momento.

815

816

817 NO, NO TENGO PODER DURADERO.

818 Acabo de recibiré la información sobre el Poder Duradero, "Sus

819 Derechos de Hacer Decisiones Sobre su Tratamiento Medico".

820

821 Quien hará decisiones sobre mi tratamiento medico si estoy muy enfermo para expresar mis  
822 deseos.

823

824

825 \_\_\_\_\_  
Nombre Relación Teléfono

826

827

828 Firma: \_\_\_\_\_ Fecha: \_\_\_\_\_

829

Paciente/Representante

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831 Testigo: \_\_\_\_\_ Date: \_\_\_\_\_

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Personal de MCBHD

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