



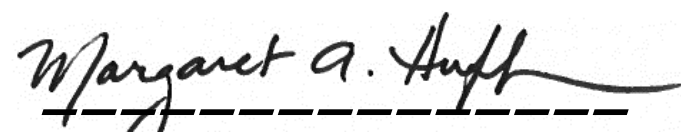
Monterey County Area Agency on Aging Recognizes

# JANE DAY

## FOR LIVING LIFE WELL

**Proudly Proclaimed during October 2019**

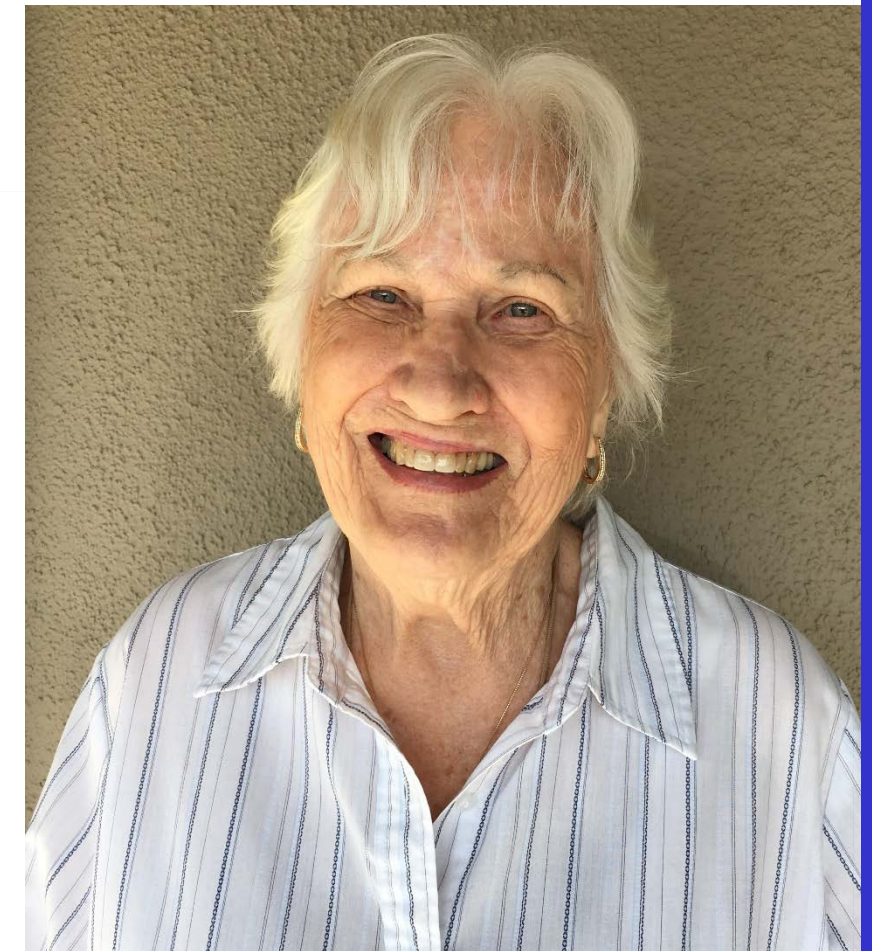
*Your example has taught us all about the wisdom of aging and the importance of staying active. You have shared the secrets of a happy and fulfilled life and have contributed to our community to make it a better place to live. Thank you for showing us how to live life to your full potential at any age.*

  
Margaret Huffman  
AAA Director

  
Richard Kuehn  
AAA Chair

*Everyone has a story to tell if you just take the time to listen.*

Ms. Day has been a resident of Monterey County for more than 45 years and continues to be active up and down the Salinas Valley delivering meals to homebound seniors every week. She started that volunteer work with Meals on Wheels of the Salinas Valley 3 years ago and is 89 years old.



Jane is also dedicated to the local faith community devoting her time to 1<sup>st</sup> Methodist Church of Salinas and Good Shepherd Ministries.

She lost her husband of 61 years and a daughter within one year of each other. Rather than let the grief define her, she gave her energy and spirit to volunteering.

**THANK YOU JANE DAY FOR YOUR CONTRIBUTIONS TO OUR COMMUNITY!**