

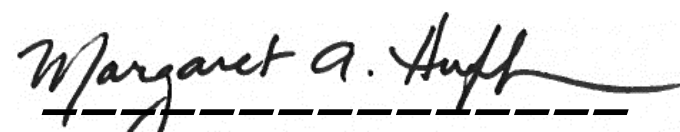


Monterey County Area Agency on Aging Recognizes

LORRAINE CANEPA FOR LIVING LIFE WELL

Proudly Proclaimed during October 2019

Your example has taught us all about the wisdom of aging and the importance of staying active. You have shared the secrets of a happy and fulfilled life and have contributed to our community to make it a better place to live. Thank you for showing us how to live life to your full potential at any age.


Margaret Huffman
AAA Director


Richard Kuehn
AAA Chair

Everyone has a story to tell if you just take the time to listen.



Ms. Canepa is 92 years young and does line dancing every day! She was born in Minnesota and moved to California in 1946. A Seaside resident, she has 5 children, 13 grandchildren and 27 great grandchildren! Another secret to Ms. Canepa's amazing life is her faith and she is very active in her church.

Ms. Canepa recently took a Matter of Balance Class (fall prevention) and her instructor says, "Lorraine is so active and keeps very fit by walking everyday."

**THANK YOU LORRAINE CANEPA FOR
YOUR CONTRIBUTIONS TO OUR
COMMUNITY!**