Family Support Groups
Family Engagement

Across the Behavioral Health System
Family Support Groups

Developed in response to families in the community who were seeking additional support.

Families benefit from being able to receive psychoeducation regarding mental illness symptoms and behaviors.

Families gain understanding of the resources available to their loved one and themselves.

Families are able to support one another, feel less isolated, and develop relationships with one another.

Participants benefit from providing and receiving support from others who have similar experiences.
Helping the People We Serve

• Groups are facilitated by Behavioral Health Staff two evenings per month

• Clients do better when:
  • their families are involved
  • Families have a developed understanding of mental health and wellness
  • Families understand and value a strength-based approach to the process of recovery
Family Support Groups – Marina Service Data
FY 2018

- Individuals Attended: 154
- New Attendees: 31
ASOC Salinas Family Support Groups

English & Spanish Services provided
Community Outreach Efforts

➢ Access Teams (All Regions)
➢ Various Starbucks
➢ Family Resource Centers in Salinas (4 Locations)
➢ Alisal High School District
➢ SVMH
➢ NAMI
➢ CCIL

➢ Interim Inc. (Omni Center, SEES, DRS, Shelter Cove, etc)
➢ Bienestar Clinics
➢ Public Libraries
➢ Monterey County Court House
➢ Salinas Fire House
➢ Alliance on Aging
➢ Children’s Behavioral Health
Current Flyers

FAMILY SUPPORT GROUP - SALINAS

If you have a family member that experiences an emotional or mental health illness, we invite you to attend our reunions. Come and learn how to better understand and support your loved ones by discussing information on mental health illnesses and speaking with other families under similar circumstances. Mental health illnesses impact the entire family; but with support, nothing is impossible.

For more information, please contact us:
Tonantzin Osampo or Vanessa Fernandez
831-796-1700

DATES JULY-NOV 2019 EVERY OTHER TUESDAY 6:00PM – 7:00PM

July 23rd
August 6th
August 20th
September 3rd
September 17th
October 1st
October 15th
October 29th
November 12th
November 26th*
*Tentative date

Location:
Monterey County Behavioral Health, Adult System of Care
1441 Constitution Blvd., Bldg. 400, Ste 202, Room 218
Salinas, CA 93906
831-796-1700

GRUPO DE APOYO FAMILIAR - SALINAS

Si usted tiene familiares que sufren de algún trastorno emocional o mental, los invitamos a asistir a nuestras reuniones. Venga y aprenda a entender y ayudar a sus seres queridos con información acerca de enfermedades mentales y reuniones con otras familias pasando por circunstancias similares. Trastornos mentales afectan a toda la familia, pero con apoyo familiar y de la comunidad, nada es imposible.

Para más información, comuníquese con nosotros:
Tonantzin Osampo o Vanessa Fernandez
831-796-1700

FECHAS JULIO-NOV 2019 CADA OTRO MARTES 6:00PM – 7:00PM

16 de julio
30 de julio
13 de agosto
27 de agosto
10 de septiembre
24 de septiembre
8 de octubre
22 de octubre
5 de noviembre
19 de noviembre

Lugar:
Centro de Salud Mental
1441 Constitution Blvd., Edificio 400, Oficina 202, Espacio 218
Salinas, CA 93906
831-796-1700
Family Support Groups – Salinas Service Data

2019 YTD

- **Individuals Attended**
  - Spanish: 15
  - English: 10

- **Average Group Size**
  - Spanish: 2-3
  - English: 0-2
CSOC – Family Engagement & Education
Orientation shifts to the Program Level

CSOC Family Engagement Initiative

Family Orientation Session Begin

September 2018

Orientation shifts to the Program Level

January 2018

Families Matter Series Begins

July 2019

Families Matter
Series Topic 2 Begins

October 2019

Families Matter Series Begins

September 2018

Families Matter Series Begins

January 2018

Families Matter Series Begins

July 2019

Families Matter Series Begins

October 2019
Family Orientation Sessions
September – December 2018

Session in Salinas, Marina and King City

English & Spanish sessions

33 Parent Participants
Families Matter Series

Childhood and Adolescent Anxiety

Monterey County Behavioral Health Bureau
Child and Adolescent Division

Monterey County Behavioral Health Families Matter Series

2019

SEP
17th
Family Information Session
Childhood and Adolescent Anxiety
Time: 6 - 7:30 P.M.
Location: Greenfield United School District
4922 Camino Real, Greenfield, CA, 93927

OCT
22nd
Family Information Session
What You Need to Know About the Stages of Development in Your Child's Youth
Time: 6 - 7:30 P.M.
Location: Harden Middle School
1501 McKinley Street,
Salinas, CA, 93906

NOV
19th
Family Information Session
What You Need to Know About the Stages of Development in Your Child's Youth
Time: 6 - 7:30 P.M.
Location: Boys and Girls Club
1332 La Salle Avenue,
Seaside, CA, 93955

DEC
3rd
Family Information Session
What You Need to Know About the Stages of Development in Your Child's Youth
Time: 6 - 7:30 P.M.
Location: Greenfield United School District
4922 Camino Real, Greenfield, CA, 93927

10th
Parent Dialogue
Facilitated by
Dr. Wami Sandvei,
Deputy Director of
Child and Adolescent Division
Time: 6 - 7 P.M.
Location: 911A
Salo, CA, 93904

Child and Adolescent Division
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Behavioral Health

- Engagement
- Feedback
- Family Support
- Support Groups
- Education
Thank you.

Marni R. Sandoval, Psy. D.
Deputy Director of Behavioral Health
Child & Adolescent System of Care

Cesar Anaya, LMFT
Behavioral Health Services Manager II
ASOC Salinas

Tawnya Majeski, LCSW
Behavioral Health Services Manager II
ASOC Marina