

# QUALITY IMPROVEMENT



MONTEREY COUNTY  
BEHAVIORAL HEALTH

Avanzando Juntos Forward Together

December 2019

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## **CONSUMER PERCEPTION SURVEY - THANK YOU!!**

Thank you all for your participation in the bi-yearly surveys. This information is useful in helping us understand the consumer's opinion about the mental health services they receive.

## **WELCOME NEW QI STAFF!!!**



Please welcome Katie Kindle, LMFT, as one of our newest Senior Psychiatric Social Workers. Katie brings her mental health treatment experience with her. Over the past 5.5 years, Katie has been dedicated to serving the clients within our Adult System of Care. Prior to her joining us, she provided school-based services in Santa Clara County.



Please welcome Kim Gray, LCSW as a new Senior Social Worker at Quality Improvement. Kim previously worked with the Forensic Team in the Creating New Choices mental health treatment court. Prior to her joining us, Kim worked in a variety of settings in Santa Barbara County including Adult Behavioral Health and Child Welfare Services.

## **CALIFORNIA PEER-RUN WARM LINE (LÍNEA DE APOYO MENTAL PARA CALIFORNIA)**



As peers with lived experience of mental health challenges, we provide emotional support and referrals to mental health resources. Call or chat with us online!

Brindamos apoyo emocional y referencias a recursos de salud mental como compañeros con experiencia vivida de desafíos. ¡Llama o chatea con nosotros en línea!

### **NEW HOURS/NUEVO HORARIO**

Monday - Friday: 7am – 11pm  
Saturday: 7am - 3pm  
Sunday: 7am - 9pm

**1-855-845-7415**

**[WWW.MENTALHEALTHSF.ORG](http://WWW.MENTALHEALTHSF.ORG)**



National Alliance on Mental Illness

# NAMI Monterey County

NAMI Monterey County is offering a free Family-to-Family & Peer-to-Peer courses starting next year.

REGISTRATION OPEN

## **NAMI Family-to-Family Educational Program (English)**

**January 28th through April 7th 2020**  
**Every Tuesday for 11 weeks**  
**6:00 pm - 8:30 pm**  
**IN SALINAS**

This class helps family members learn more about their loved one's mental illness, to better support and understand recovery.

This is a FREE psycho-educational class that has benefited many families and individuals in our county.

For more information:

NAMI Monterey County  
1020 Merrill St. Suite 1015  
Salinas, CA 93901  
**(831) 422-6264**  
[info@namimonterey.org](mailto:info@namimonterey.org)  
[www.namimonterey.org](http://www.namimonterey.org)

## **NAMI Peer to Peer Educational Program (English)**

**February 12th through April 1st 2020**  
**Every Wednesday for 8 weeks**  
**9:00 am - 11:00 am**  
**IN SALINAS**

This class helps consumers learn more about their mental illness, for better self support, recovery and healing.

This is a FREE psycho-educational class that has benefited many individuals in our county.

To view the flyers click  
on the links below:

[Peer-to-Peer](#)

[Family-to-Family](#)

PRE-REGISTRATION  
REQUIRED - SPACE IS  
LIMITED



December 2019

### 2019 TRAININGS AT A GLANCE

TRAINING	DATE	TIME	LOCATION
December			
Progress Note Writing	12th	9:00a-12:00p	Marina Training Center
5150 Legal Requirements	18th	9:00a-12:00p	Whitney Conf Room C

**WHAT:** QI Committee Meeting

**WHEN:** December 19th, 10am-11am

**WHERE:** 1270 Natividad Road, Salinas (Whitney Conference Rooms A & B)

To Register for any of the trainings,  
[Click here](https://www.mylearningpointe.com/)  
(<https://www.mylearningpointe.com/>)



### CONTACT US IN QUALITY IMPROVEMENT.



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