



COUNTY OF MONTEREY HEALTH DEPARTMENT

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Health Advisory for Educational Settings with International Students and Instructors

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Update on the Outbreak of 2019 Novel Coronavirus in Wuhan, China

Current Situation

Federal, state, and local health officials are closely monitoring an outbreak of respiratory illness caused by a novel (new) coronavirus (named "2019-nCoV") that was first detected in Wuhan City, Hubei Province, China and which continues to expand. Chinese health officials have reported thousands of infections with 2019-nCoV in China, with the virus reportedly spreading from person-to-person in many parts of China. Infections with 2019-nCoV, most of them associated with travel from Wuhan, also are being reported in a growing number of international locations, including the United States. New reports also indicate evidence of transmission of the virus from asymptomatic individuals.

The United States reported the first confirmed instance of person-to-person spread with this virus on January 30, 2020. There are currently 3 cases of confirmed 2019-nCoV in California, none among Monterey County residents. As of Sunday, February 2, the US will implement the following temporary measures affecting travelers from China:

- Any US citizen returning to US from Hubei province in the previous 14 days will be subject to up to 14 days mandatory quarantine to ensure they receive proper health screening and medical care.
- Any US citizen returning to the US from the rest of mainland China within the previous 14 days will undergo proactive entry health screening at a select number of ports of entry and up to 14 days of monitored self-quarantine to ensure they have not contracted the virus and do not pose a public health risk.
- President Trump has signed a Presidential Proclamation temporarily suspending entry into the US of foreign nationals that pose a risk of transmitting 2019-nCoV. Foreign nationals other than immediate family of US citizens and permanent residents who have traveled in China within the last 14 days will be denied entry into the US at this time.

Health Alert: Warrants immediate action or attention. **Health Advisory:** Provides information for a specific incident or situation; may not require immediate action. **Health Update:** Provides updated information regarding an incident or situation; unlikely to require immediate action.

Although the risk of infection with 2019-nCoV is very low for the average Californian at this time, Monterey County Health Department urges schools with international students and instructors to take steps to assist people who recently travel to China to self-quarantine at home and be able to identify, isolate, and report individuals potentially ill with 2019-nCoV.

Recommendations for Educational Settings with International Students and Instructors

As with any novel pathogen, guidance may change suddenly and frequently.

- **Provide information** to students, instructors, and host families about 2019-nCoV. Handouts for students and parents with simple instructions are attached and available on our website at www.mtyhd.org/2019nCoV.
- **Ask students, instructors, and host families who have traveled to China within the last 14 days to stay home and self-monitor** for signs and symptoms of 2019-nCoV, which include fever ($\geq 100.4^{\circ}$ F) and lower respiratory symptoms (e.g. cough, shortness of breath, chest pain). Other symptoms can include headache, sore throat, and nasal congestion.
- Individuals who have traveled to China, in the last 14 days (or have had close contact with an ill person who traveled to China, in the last 14 days) AND have fever with lower respiratory symptoms should:
 - Stay home except to seek medical care. As much as possible, the person should stay in a different room away from other people in the household or dormitory and use a separate bathroom. If a sick person cannot be in their own room, they should wear a surgical mask.
 - Contact the Monterey County Health Department at 83-755-4521.
 - Call ahead before visiting a doctor's office, urgent care center, or hospital emergency department.
- **Contact the Monterey County Health Department.** Call 831-755-4521 during normal business hours and 831-755-5100 after normal business hours. When calling the after-hours line, ask for the Hazardous Materials Team, who will transfer you to the on-call Health Officer.
- There is currently no recommendation for use of face masks for the general public.

For more information about 2019-nCoV, please contact the Monterey County Health Department's Communicable Disease Unit at 831-755-4521 or visit our website at www.mtyhd.org/2019nCoV. Additional information is available at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.