



Advancing Motivational Interviewing:

Working with Individuals with Substance Use Challenges

Presented by Kristin Dempsey, LMFT, LPCC, Ed.D.

Target Audience:
MCBH and Provider staff.

Backout Code: 2005

Course Description:

Review core MI concepts, practice skills related to stage of change and receive consultation re: clinical dilemmas, all with a focus on clients struggling with substance use.

As the result of this training, participants, we will be able to:

- List the four processes of MI and identify SUD strategies to use for each processes
- Develop two interventions to help individuals move through the four stages of change
- Consider the meaning behind client statements and provide a relevant reflection



Kristin Dempsey, LMFT, LPCC, Ed.D., has provided psychotherapy in the Bay Area for almost 25 years. Dr. Dempsey's areas of clinical interest include treatments for co-occurring mental health and substance use disorders, complex trauma in childhood and adolescence, eating disorders, panic/anxiety, and many behavioral challenges such as anger management and impulse control disorders. In addition to clinical work, Dr. Dempsey trains providers in several evidence-based and promising practices. She is a member of the Motivational Interviewing Network of Trainers, and has experience teaching and training cognitive behavioral therapy (CBT), cognitive behavior therapy for psychosis (CBTp), & dialectical behavior therapy (DBT).

Offerings

Friday March 20, 2020 or
Friday May 1, 2020

8:30AM – 12:00PM

Location: Marina Training Center
Snacks Provided.

Registration

Cost: No Fee

Enrollment

MCBH & Contract Provider Staff:
myLearningPointe

Continuing Education

Three (3) Credits for: LCSW, LMFT, LPCC,
LEP

See other side of flyer for details

Continuing Education Information

To receive CE credits, participants must:

- Attend the course in its entirety. Partial credit for partial attendance cannot be granted.
- Sign-in and sign-out at the beginning and end of the day, respectively.
- Complete and turn in an evaluation for the course.

Following successful completion of the course:

CE Certificates *either* will be

- Available on myLearnignPointe.

BBS Licensure:

Motivational Interviewing: Working with Clients with Substance Use Challenges meets the qualifications for 3.0 hours of Continuing Education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Monterey County Behavioral Health (MCBH) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. MCBH {Provider Number 70472} maintains responsibility for this program/course and its content.

Contact Information:

- **Accommodations** related to access or food:
 - MCBH Training Department: 831-755-4727 or 415-Training@co.monterey.ca.us.
- **Concerns or Grievances**
 - Jill Walker, Ph.D., MCBH Training Manager, at 831-796-1271 or walkerj@co.monterey.ca.us, or
 - MCBH Quality Improvement, 831-755-4545
- **MCBH's Policy regarding CE credits** {Policy 207):
 - <http://qi.mtyhd.org/index.php/policies-and-procedures-2/>