

# QUALITY IMPROVEMENT NEWSLETTER



MONTEREY COUNTY BEHAVIORAL HEALTH  
Avanzando Juntos Forward Together

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In response to the COVID-19 crisis, we have worked together to develop and launch the **Forward Together Initiative**. The aim is to provide a series of free sessions that are open to the community

The calendar below displays meetings that are happening every week. If you are interested in joining any of the meetings below, visit the “Forward Together/Avanzando Juntos” website for additional information and instructions on how to join each session. Sessions are available in Spanish and English.

Website: <https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/forward-together-avanzando-juntos>

May 2020					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - 8:30AM	"Morning Coffee" Parenting Talk				
10:00-10:30AM				Tips for Parenting 5-10 year-olds	
10:45-11:15AM				Tips for Parenting 11-17 year-olds	
11:00 AM			Mom Connect Senior Connect		
12:00 PM					Mindfulness & Self-Care
2:00-2:30PM		Teen Tuesdays			
6:00-6:30PM				Tips for Parenting 5-10 year-olds	
7:00-7:30PM	Mindfulness & Self-Care		Parenting Talk	Tips for Parenting 11-17 year-olds	

## FAMILY SUPPORT GROUPS



Family Support Groups are now being offered by Behavioral Health staff via ZOOM, which can be accessed online or by phone.

Access the “Family Support Groups” website by clicking the link below:  
<https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/family-support-groups-grupos-de-apoyo-familiar>

**Groups are open to anyone in Monterey County who has a loved one/family member with a mental health condition. Please share.**

Forward Together/Avanzando Juntos website: <https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/forward-together-avanzando-juntos/>

## MINIMIZING DISRUPTIONS IN CARE: Behavioral Telehealth (Video and Telephone): Skill Development Webinar Series

Presenter:	California Institute of Behavioral Health Solutions (CIBHS)
Format:	Free GoToWebinar
Dates:	Wednesdays, April 29 - July 9 (No need to attend every week. Pick and Choose what is meaningful to you)
Time:	10:00 AM to 11:30 AM for each sessions
Enrollment:	<a href="https://www.cibhs.org/pod/registration-open-all-webinarsutm_campaign=&amp;utm_medium=email&amp;utm_source=bundle_and_blast">https://www.cibhs.org/pod/registration-open-all-webinarsutm_campaign=&amp;utm_medium=email&amp;utm_source=bundle_and_blast</a>
Details:	<a href="#">Click to See Flyer</a>
Requirement:	With Supervisor approval, staff may attend the first three webinars. Jill Walker will then gather feedback to determine if the webinars are valuable, and if yes, will approve the remaining 8.
MCBH Backout Code:	3061
CE:	CIBHS is providing CE credits at a cost. You will need to pay for them yourself, if you would like.

## CULTURAL COMPLEXITIES IN ENGAGEMENT, ASSESSMENT & DIAGNOSIS

*Presented by Matthew R. Mock Ph.D.*



**TARGET AUDIENCE:** Licensed & License Eligible Professionals who write Universal Psychosocial Assessments .

### COURSE DESCRIPTION:

In this training, a cultural framework for all who seek mental health services will be presented. This framework for systematically addressing individual, family and community needs will lead to a formal process to provide assessment and arrive at diagnoses and move to successful cultural engagement. The DSM-IV TR and V Cultural Formulation, through the lens of one of its primary authors and advocates, will be presented along with clinical vignettes that will enrich its use. In addition to practical information provided to attendees, there will be practical application exemplified through videotape materials, written clinical descriptions, & potential role plays.

### TRAINING DETAILS

**When:** Friday, May 29, 2020

GoToTraining

**Course:** 9:00 am to 4:30 pm

Link will be sent out the day before the training

[Click here for additional information](#)

### REGISTRATION

**Cost:** Free

**Enrollment (max = 60)**

via myLearningPointe (mLP), through the “Request A Course” function.

Continuing Education

Six (6) Credits for:

- LCSW, LMFT, LPPC, LEP, Psychologist

## TRAININGS AT A GLANCE

TRAINING DETAIL	DATE	TIME	LOCATION
<b>May</b>			
Minimizing Disruptions in Care	Wednesdays	10:00 am - 11:30 am	Registration thru CIBHS
Cultural Complexities in Engagement, Assessment & Diagnosis	<b>Friday 5/29/2020</b>	9:00 am to 4:30 pm	Registration thru "Request a Course" using myLearningPointe
<b>June</b>			
tbd			

### myAvatar Training for May & June have been canceled

For assistance in navigating myAvatar, please use [myAvatar User Guide](#) available in the QI website under "Avatar User Guides"  
For Non Clinical Questions or technical assistance with myAvatar, please email [415-QA@co.monterey.ca.us](mailto:415-QA@co.monterey.ca.us)

For Clinical Questions, please email [415QI@co.monterey.ca.us](mailto:415QI@co.monterey.ca.us)

### CONTACT US IN QUALITY IMPROVEMENT.



Quality Improvement - 1611 Bunker Hill Way, Ste 120 - Salinas, CA 93906  
Telephone: (831) 755-4545 - Toll free: (844) 287-8041 - Fax Number: (831) 755-4350