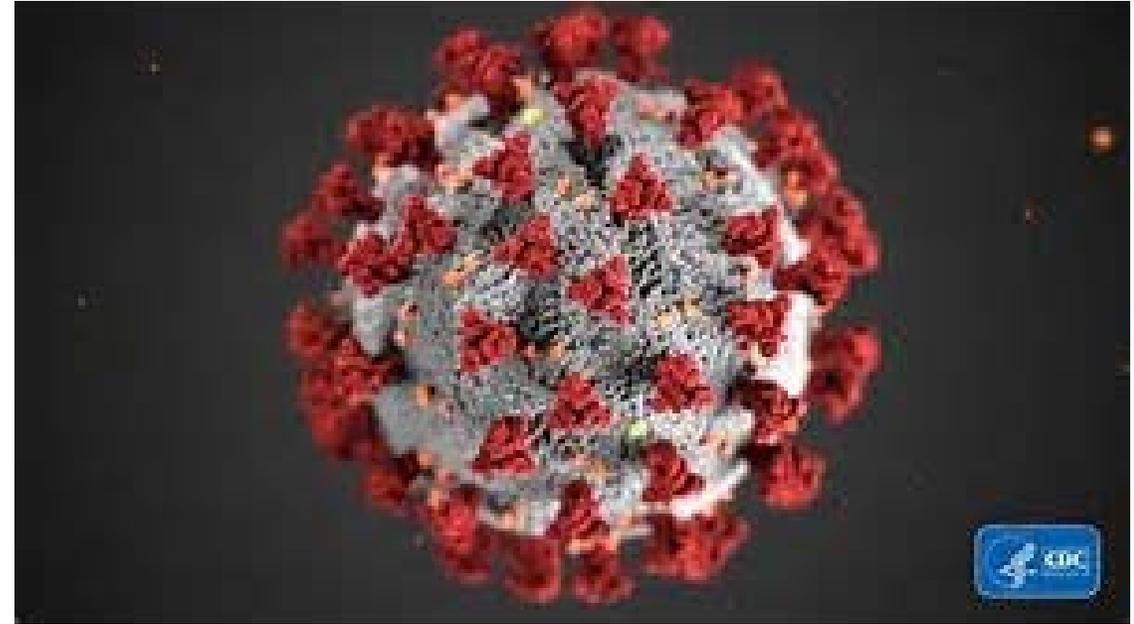


COVID-19 Data, Metrics and Updates



Monterey County Health Department, Public Health Bureau

Edward Moreno, MD, MPH, Health Officer & Director of Public Health

November 17, 2020



Data and Metrics



Statewide Data and Metrics

California is experiencing an unprecedented rate of increase of new cases of COVID-19 statewide.

- This is the fastest our cases have gone up. They are going up in every region of the state.

The state's goal is to preserve our health care capacity

- We need to make sure that patients can get access to care they need.
- We must do everything we can to keep hospitals from being overrun.



Statewide Data and Metrics

- As of November 16, California has 41 counties in Purple, 11 counties in Red, 4 counties in Orange, and 2 counties in Yellow.
- Since there was no forward movement, CDPH did not use its health equity metric for this tier assignment.
- Given how quickly cases are increasing, CDPH will likely run case and testing positivity data again later this week to see if additional counties require intervention.



© 2020 Mapbox © OpenStreetMap

Statewide metrics

16.5 New COVID-19 positive cases per day per 100K

5.2% Positivity rate

Find a county

No items highlighted



Click on the map for updated metrics

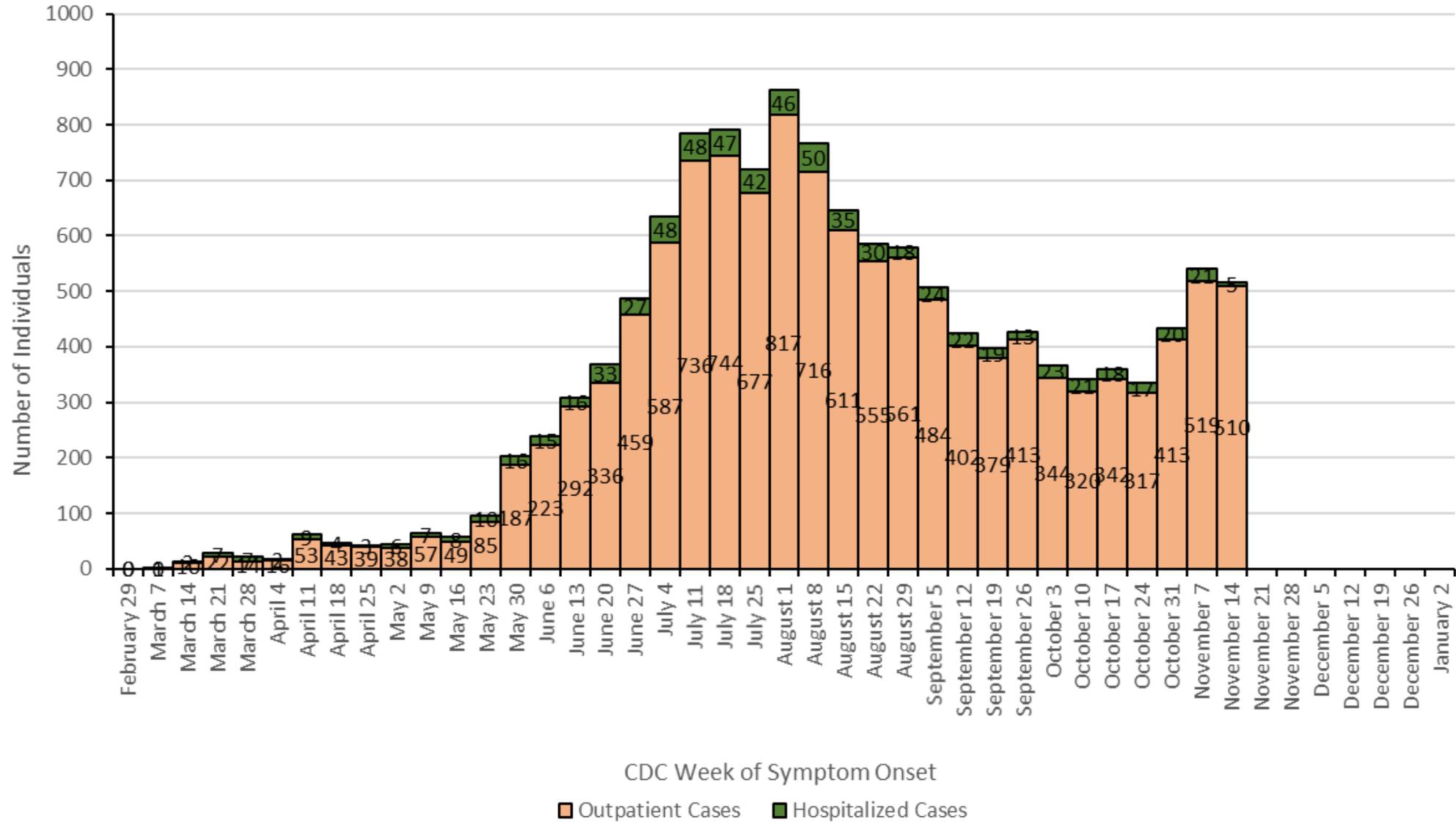


California's Fastest Increase Yet

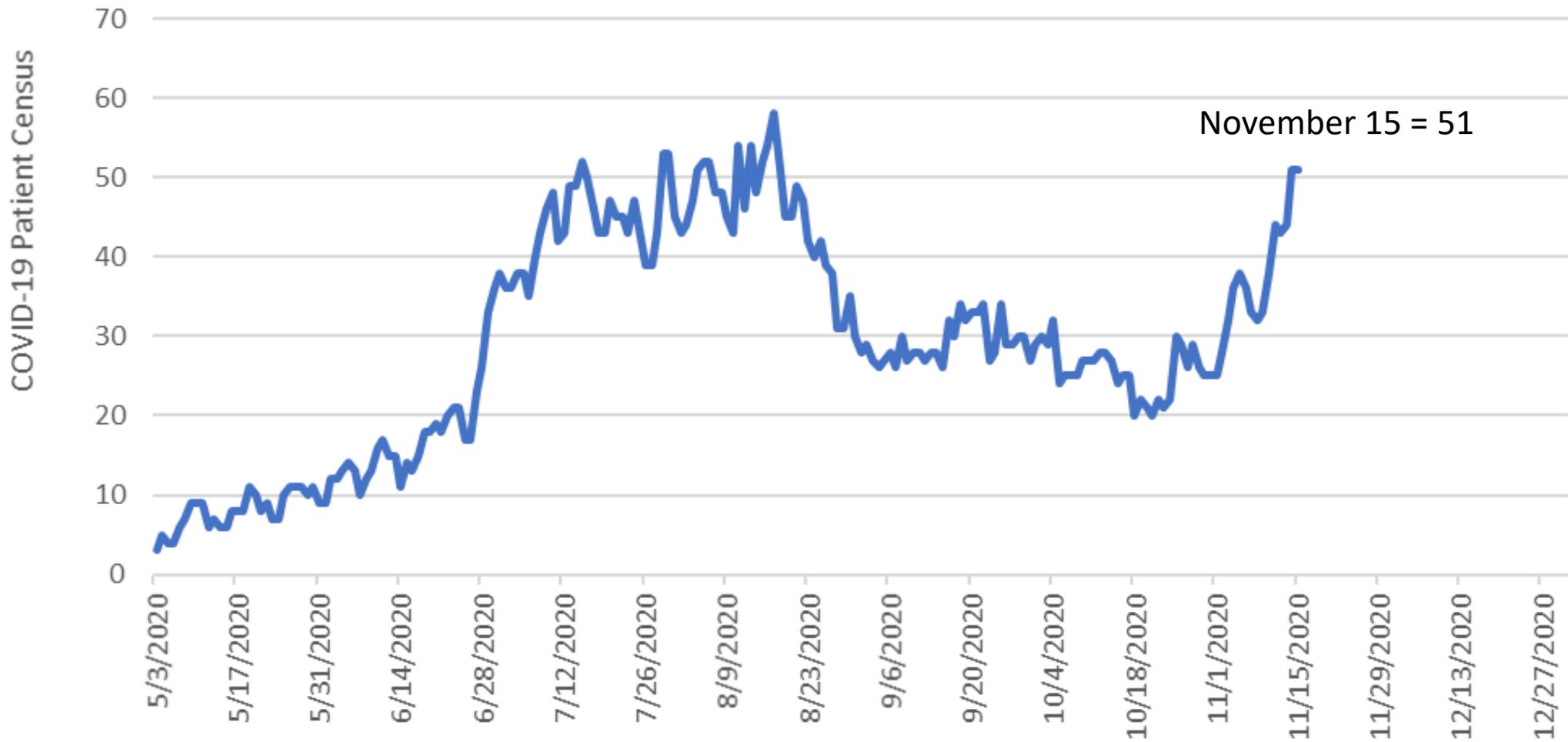


COVID-19 Among Monterey County Residents

as of November 15, 2020

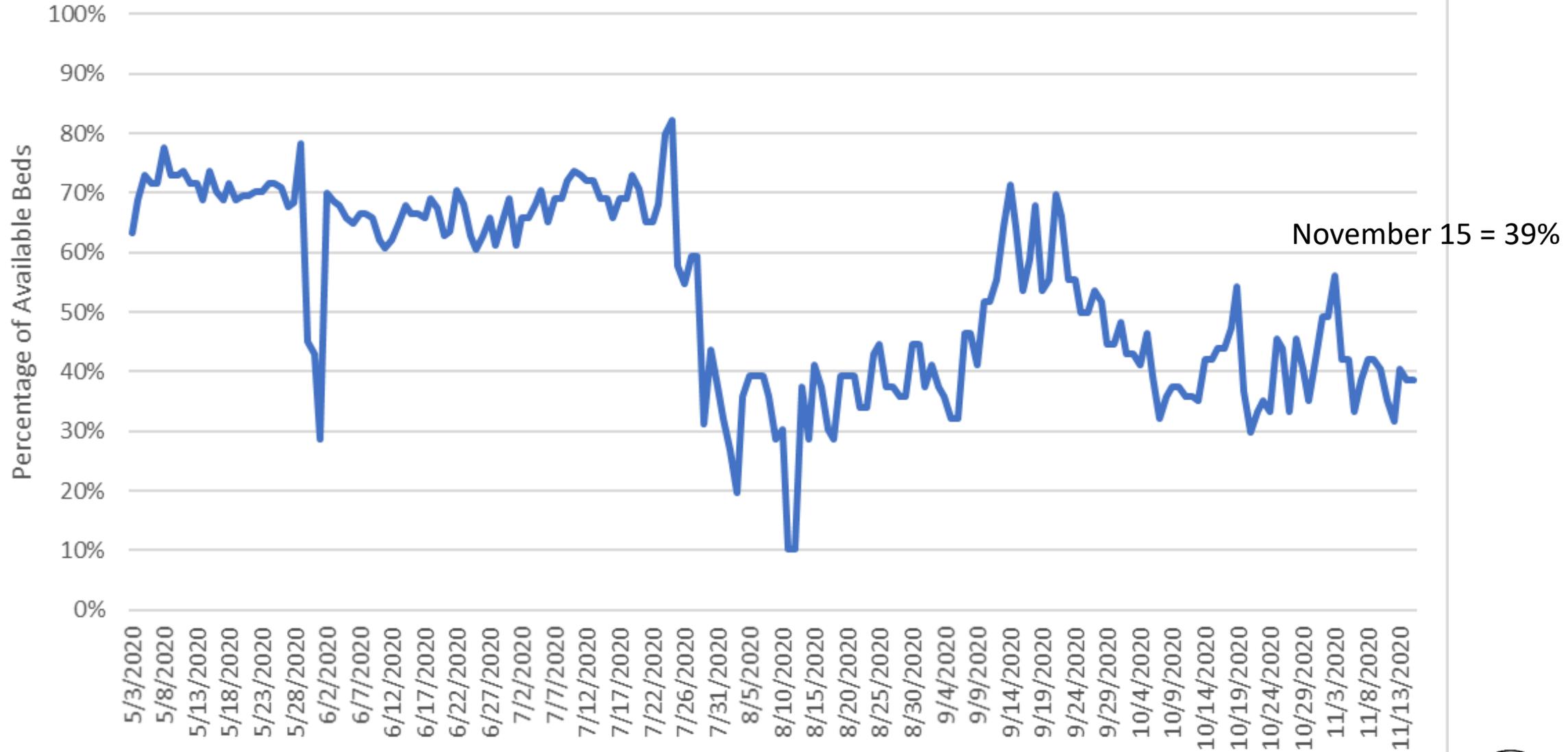


Monterey County Hospitalization Census: Confirmed COVID-19 Patients as of November 15, 2020



Monterey County ICU Bed Availability

as of November 15, 2020



Blueprint Emergency Brake - County Tier Assignments

- Tier assignments may occur any day of the week and may occur more than once a week.
- Counties may be moved back more than one tier if CDPH determines that the data support the more intensive intervention.
- Counties may move with one week of worsening metrics (as opposed to the usual two weeks during times of stability).



Blueprint Emergency Brake - County Tier Assignments

- The most recent reliable data will be used to complete the assessment.
- Counties will be required to implement any sector changes the day following the tier announcement.
- Tier adjudication requests are unlikely to be approved unless unique, extreme circumstances and data are submitted justifying how the county is not impacted by the statewide increases.



Blueprint Metric Tier Thresholds

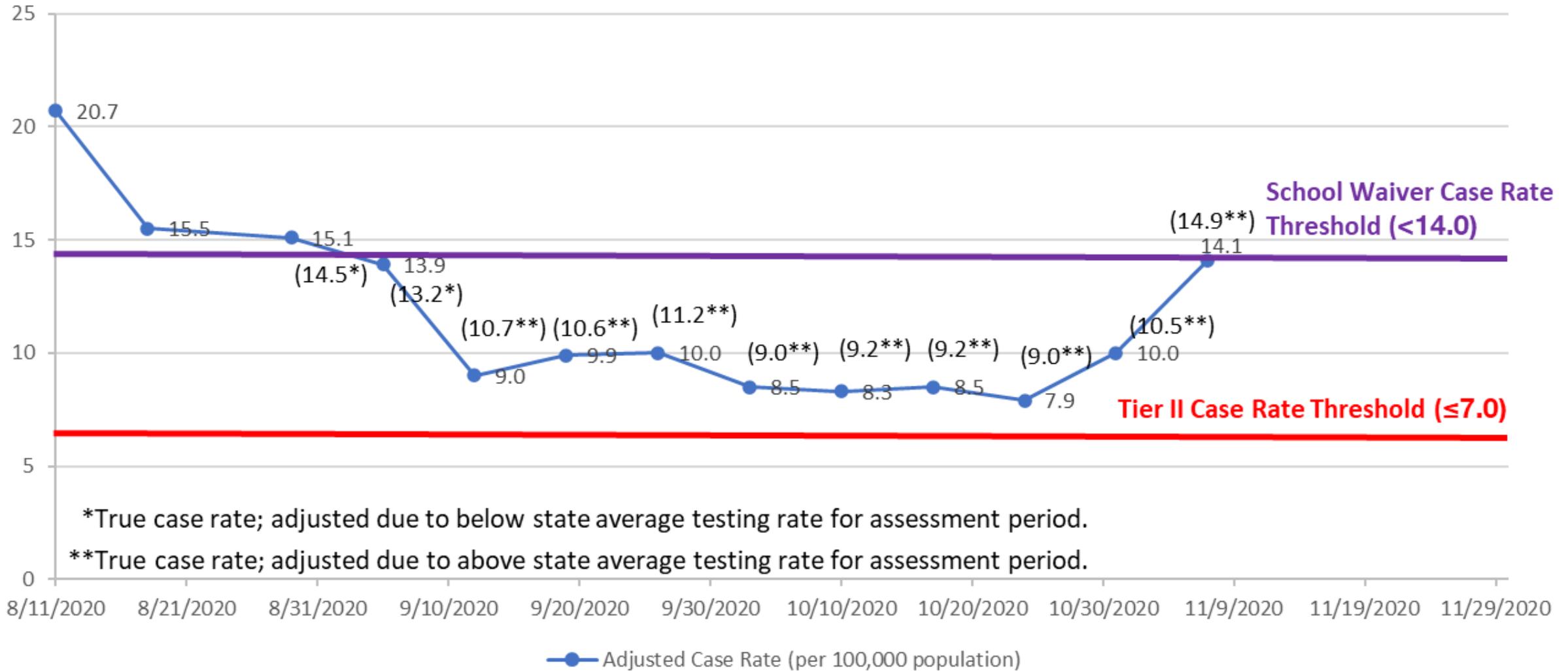
Monterey County Blueprint Metrics as of November 7	Tier 1 (Widespread)	Tier 2 (Substantial)	Tier 3 (Moderate)	Tier 4 (Minimal)
Adjusted Case Rate: 14.1	>7	4 to 7	1 to 3.9	<1
Test Positivity Rate: 6.1%	>8%	5% to 8%	2% to 4.9%	<2%
<i>HPI Lowest Quartile Test Positivity Rate:</i> 7.3%	>8.00%	≤8.00%	<5.25%	<2.2%



CDPH Blueprint for a Safer Economy Metrics

Monterey County Adjusted Case Rate

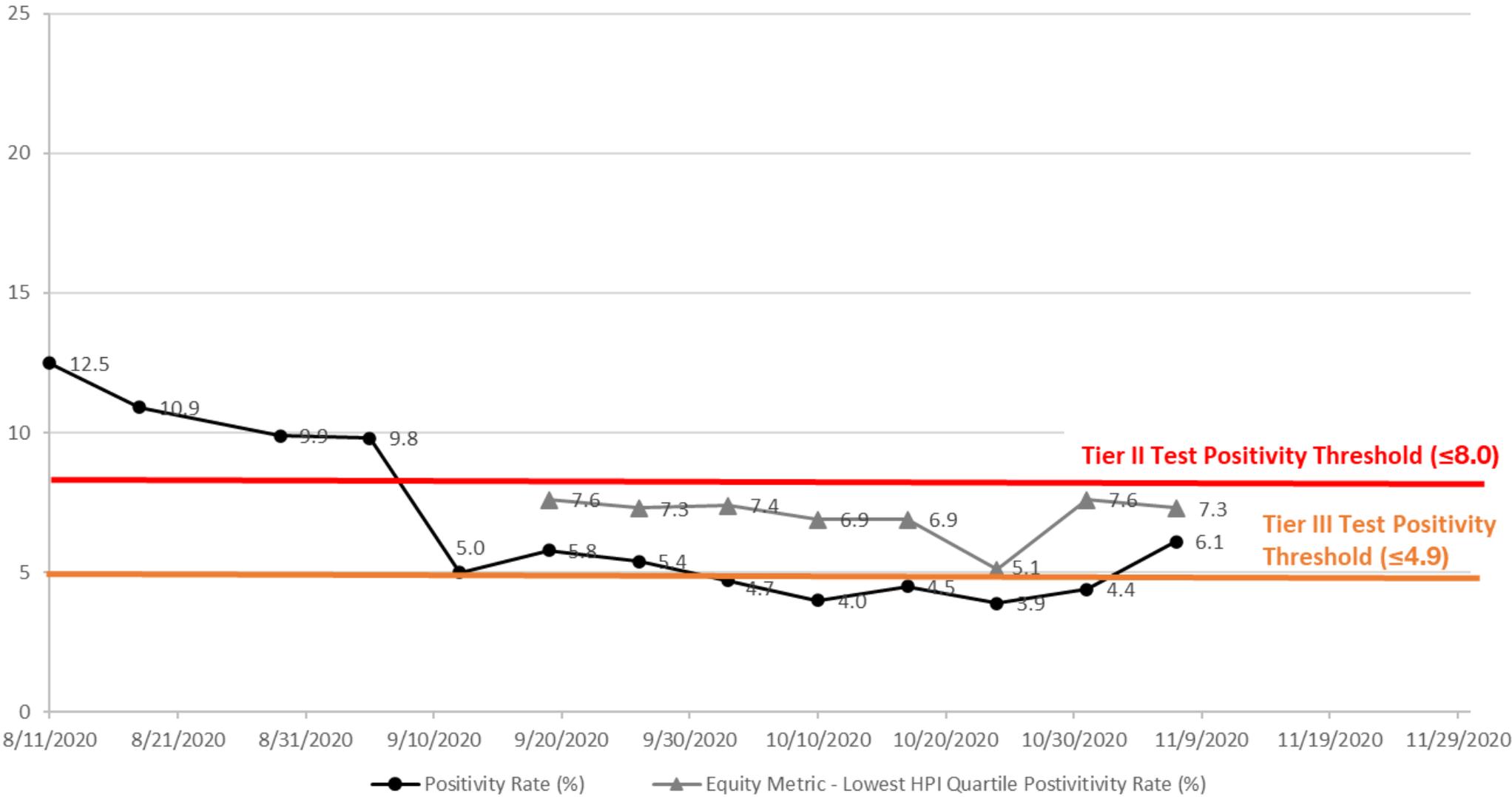
as of November 7 Assessment Period



CDPH Blueprint for a Safer Economy Metrics

Monterey County Test Positivity Rate and Equity Measure

as of November 7 Assessment Period



Strategies to Reduce Transmission

Promote Behavior Modification

- Limit gatherings
- Delay travel
- Wear face coverings
- Practice social distancing
- Support businesses' efforts to implement CDPH guidance

Increase Testing Opportunities

- Focus on areas with highest positivity rates and lowest testing rates
- Add pop-up testing sites
- Expand CDPH-sponsored sites
- Facilitate distribution of rapid antigen test kits
- Expand public health lab testing capacity

Encourage Isolation & Quarantine

- Continue case investigation & contact tracing
- Work with medical providers to emphasize isolation at the time of testing
- Partner with community-organizations for isolation stipend program
- Provide alternative housing

Plan for Vaccine Distribution

- Survey medical providers, skilled nursing facilities, and other priority groups
- Use flu vaccine clinics as COVID-19 vaccine preparedness exercises
- Secure additional equipment & supplies



Updates



CDPH Face Coverings Guidance

- Increasing evidence that cloth face coverings or masks also offer some protection to the wearer.
- Face coverings are to be worn state-wide at all times when outside of the home, unless one or more of the CDPH exceptions apply.
- It does not substitute for existing guidance about physical distancing and hand hygiene.



CDPH Face Coverings Guidance

Individuals are exempt from wearing face coverings in the following specific settings:

- Persons in a car alone or solely with members of their own household.
- Persons who are working in an office or in a room alone.
- Persons who are actively eating or drinking provided that they are able to maintain a distance of at least six feet away from persons who are not members of the same household or residence.
- Persons who are outdoors and maintaining at least 6 feet of social distancing from others not in their household. Such persons must have a face covering with them at all times and must put it on if they are within 6 feet of others who are not in their household.



CDPH Face Coverings Guidance

Individuals are exempt from wearing face coverings in the following specific settings:

- Persons who are obtaining a service involving the nose or face for which temporary removal of the face covering is necessary to perform the service.
- Workers who are required to wear respiratory protection.
- Persons who are specifically exempted from wearing face coverings by other CDPH guidance.



CDPH Face Coverings Guidance

The following individuals are exempt from wearing face coverings at all times:

- Persons younger than two years old. These very young children must not wear a face covering because of the risk of suffocation.
- Persons with a medical condition, mental health condition, or disability that prevents wearing a face covering. This includes persons with a medical condition for whom wearing a face covering could obstruct breathing or who are unconscious, incapacitated, or otherwise unable to remove a face covering without assistance. Such conditions are rare.



CDPH Face Coverings Guidance

The following individuals are exempt from wearing face coverings at all times:

- Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication.
- Persons for whom wearing a face covering would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines.



Approved Waivers for In-Person Instruction to Resume

Private & Charter

- All Saints Day School, Carmel
- Anthem Christian School, Salinas
- Big Sur Charter, Monterey
- Chartwell School, Seaside
- Madonna del Sasso School, Salinas
- Pacific Valley School, Big Sur
- Peninsula Adventist, Seaside
- Sacred Heart School, Salinas
- San Carlos School, Monterey
- Santa Catalina School, Monterey

Public

- Bradley Union Elementary, Bradley
- San Antonio Elementary School, Lockwood
- San Ardo Union Elementary School, San Ardo
- San Lucas Elementary School, San Lucas



CDPH Gatherings Guidance

Attendance

- Up to three households, the smaller the number of people, the safer
- Keep the households you interact with stable over time.

Location

- Gatherings must be outdoors for counties in the Purple Tier
- Gatherings that occur outdoors are significantly safer than indoor gatherings

Don't Attend Gatherings If You Feel Sick

- Anyone who develops COVID-19 within 48 hours after attending a gathering should notify the organizer of the gathering and/or other attendees as soon as possible regarding the potential exposure



CDPH Gatherings Guidance

Individuals in a High-Risk Group are Discouraged from Attending any Gatherings

- People at higher risk of severe illness or death from COVID-19 (such as older adults and people with chronic medical conditions) are strongly urged not to attend any gatherings

Practice Physical Distancing and Hand Hygiene at Gatherings

- The space must be large enough so that everyone at a gathering can maintain at least a 6-foot physical distance from others (not including their own household) at all times.



CDPH Gatherings Guidance

Wear a Face Covering to Keep COVID-19 from Spreading

Keep it short

Gatherings should be two hours or less

- ▶ The longer the duration, the risk of transmission increases

Singing, Chanting, Shouting, Cheering and Similar Activities Are Strongly Discouraged at Outdoor Gatherings



CDPH Non-Essential Travel Advisory

Persons arriving in California from other states or Californians returning from other states or countries could increase the risk of COVID-19 spread.

“Non-essential travel” includes travel that is considered tourism or recreational in nature.

- Persons arriving in California from other states or countries, including returning California residents, should practice self-quarantine for 14 days after arrival. These persons should limit their interactions to their immediate household.
- Californians are encouraged to stay home or in their region and avoid non-essential travel to other states or countries. Avoiding travel can reduce the risk of virus transmission and bringing the virus back to California.



COVID-19 Testing



State Testing Expansion Request

Extend existing OptumServe locations

- Increase number of patients served each day from 132 to 165 per day

New OptumServe locations

- Fixed pedestrian site at Castroville Library at 165 per day
- Fixed drive through site in South County at 330 tests per day
- Up to 2 traveling team serving congregate living facilities, schools open for in-person learning, and facilities with large outbreaks at 165 tests per day



Upcoming COVID-19 Testing

Tuesday, November 17th, 1pm to 5pm

- St. Theodore's Church
- 116 Belden St., Gonzales
- Walk-up clinic (not drive-through)
- No appointment needed

Free COVID-19 Testing

For Monterey County Residents

Gonzales

The Monterey County Health Department in partnership with the Central Coast Visiting Nurses Association are offering free COVID-19 testing clinics.

Sunday, November 15th

1 pm to 6 pm

Fairview Middle School GYM
560 5th Street

Tuesday, November 17th

1 pm to 5 pm

St.Theodore's church, parking lot
116 Belden Street

Who should be tested?

People with symptoms or without symptoms, close contacts to those with COVID-19, health care workers, first responders, and caretakers to high risk individuals are encouraged to get tested.

First come, first served. Safe and confidential.
Registration onsite. Does not affect immigration status.



COUNTY OF MONTEREY
HEALTH DEPARTMENT



www.mtyhd.org/covidtesting



Free Pop-Up Testing Clinics

Tuesday, 11/17/2020, 1– 5 p.m.

- St. Theodore's Church, 116 Belden St., Gonzales

Monday, 11/23/2020, 1:30 – 5:30 p.m.

- Health Department, 1270 Natividad Road, Salinas

Tuesday, 11/24/2020, 7:30– 11:30 a.m.

- Health Department, 1270 Natividad Road, Salinas

Tuesday, 12/1/2020, 2– 6 p.m.

- Greenfield Library, 315 Camino Real, Greenfield

Wednesday, 12/2/2020 from 2 – 6 pm

- King City Library, 402 Broadway Street, King City



Current State OptumServe Testing

Cesar Chavez Library in Salinas and Seaside High School

- Tuesday through Saturday
- 8:30am - 4pm and 7pm - 7:30pm appointments required
- 4pm - 7pm walk-ins accepted
- Pre-Register at <https://lhi.care/covidtesting> or call 1-888-634-1123

Schedule of all testing sites in Monterey County and surrounding areas at www.mtyhd.org/covidtesting



COVID-19 Vaccine



COVID-19 Vaccine

- The safety of COVID-19 vaccine is a top priority.
- There may be a limited supply of COVID-19 vaccines at first, but supply will continually increase in the weeks and months that follow.
- When there is a limited supply, some groups may be prioritized to receive COVID-19 vaccine first
- Initially, COVID-19 vaccines may not be available for children and pregnant women.
- There may be different COVID-19 vaccines available, and some may require 2 doses to be most effective.



COVID-19 Vaccine Distribution Planning

- Monterey County Health Department is working with CDPH, local hospitals, medical providers, and other agencies to plan for equitable allocation and distribution of COVID-19 vaccine.
- Cost should not be an obstacle to getting vaccinated against COVID-19.
- COVID-19 vaccine information will be updated as new information becomes available.



Influenza Season



Steps to Reduce the Impact of Influenza during the COVID-19 Pandemic

Get a flu shot

- Some people that survive COVID-19 have prolonged lung inflammation and may be more vulnerable to seasonal influenza. Flu vaccine can protect COVID-19 survivors from the flu and prevent other people from exposing COVID-19 survivors to the flu.
- Flu vaccine reduces emergency room visits and hospitalizations due to flu, which frees up hospital beds for others.



Upcoming No-Cost Influenza Immunization Clinics

Wednesday, November 18, 4pm-7pm

- Soledad High School
- 425 Gabilan Dr, Soledad
- Partnership with Soledad Unified School District and Soledad Medical Group
- Drive-through
- No appointment necessary

Additional clinics will be posted at www.mtyhd.org/flu



Questions

